



ALLEGHENY COUNTY

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Health Department Announces Men's Health Community Conversations Series

PITTSBURGH – Based on available data, men in Allegheny County are more likely to experience opioid overdoses, heart disease, obesity, drug and cigarette use, and hypertension than women. However, men are less likely to have insurance, to have a personal doctor or to have a routine physical. To better understand this disparity and overall men's health concerns, the Allegheny County Health Department (ACHD) will hold four men's health community conversations.

"ACHD is interested in addressing health inequities and improving health disparities throughout the county," said Director Dr. Karen Hacker. "Community conversations are an important way for ACHD to better understand why these inequities exist. The information we gather from our men's health sessions will help us better address health needs in the future."

All four of men's health conversations are free of charge and are open to all males over the age of 18 years. The meetings will provide men a safe space to voice their health concerns and interests. Meetings will be held in collaboration with affiliated faculty members from the University of Pittsburgh's Center for Health Equity. Sessions are made possible by a grant from the Public Health Improvement Fund of the Pittsburgh Foundation.

Participants will have the opportunity to voice their opinions and learn about the importance of men's health programming. Their input will be used to develop a plan to best serve male residents in the county. Men over the age of 18 years are also encouraged to complete the online men's health survey, which can be found at: <http://bit.ly/ACHDMensSurvey>.

The schedule of community conversations about men's health is:

| Date | Time | Location |
|-----------------------------|-----------------|---|
| Saturday, December 2, 2017 | 2:30 to 4:30 PM | Mt. Lebanon Public Library 16 Castle Shannon Boulevard, 15228 |
| Saturday, December 9, 2017 | 1 to 3 PM | Pitt Graduate School of Public Health A522 Crabtree Hall, 130 DeSoto Street, 15261 |
| Tuesday, December 12, 2017 | 6 to 8 PM | Allegheny Intermediate Unit 475 Waterfront Drive, Homestead PA 15120 |
| Saturday, December 16, 2017 | 1 to 3 PM | Northland Public Library 300 Cumberland Road, 15237 |

The issue of health inequities has been prioritized by the Health Department in its Plan for a Healthier Allegheny (PHA). More information on the PHA and health disparities in the county can be found at: <http://www.achd.net/pha/index.html>.

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