



FOR IMMEDIATE RELEASE
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Breastfeeding Helpline After Hours Calls to be Returned Next Business Day

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced that the after-hours calls to its Breastfeeding Helpline will be returned the next business day beginning on Monday, October 3, 2016. The helpline is staffed by International Board of Certified Lactation Consultants daily, Monday through Friday, 8:30 a.m. - 4:30 p.m. The helpline is operated in conjunction with Healthy Start Incorporated.

The American Academy of Pediatrics recommends exclusive breastfeeding for at least six months. The Breastfeeding Helpline is part of ACHD's Breastfeeding Promotion Program which is designed to help increase the proportion of mothers who breastfeed their infants. Consultants provide breastfeeding education and counseling by telephone for breastfeeding mothers and their families, as well as for health care providers. The Allegheny County Breastfeeding Coalition works to establish breastfeeding as the preferred infant feeding method. Each of these efforts, independently and collaboratively, offer support to women who choose to breastfeed with additional encouragement.

If you have questions about breastfeeding, please call the Health Department at 412-687-ACHD (2243) to speak to one of the Breastfeeding Helpline's trained lactation consultants.

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