



FOR IMMEDIATE RELEASE
August 27, 2015

CONTACT: Melissa Wade
Public Health Information Officer
412-578-8312 office
412-339-7995 cell
mwade@achd.net

Eleven New Food Establishments Open in Allegheny County in July

PITTSBURGH – The Allegheny County Health Department (ACHD) today reported that 11 new food establishments opened in the county in July, including nine restaurants, a convenience store, and one caterer.

Allegheny County continues to become a destination for all kinds of new dining experiences from the multi-course dinner to the quick bite, as evidenced by the continued growth in new establishments seeking to become licensed.

“As part of our *Live Well Allegheny* efforts to promote individual and community wellness, we have been highlighting facilities that use trans fat-free cooking oils” said ACHD Director, Dr. Karen Hacker. “Of course, a healthy diet limits fats overall, but trans-fats pose a particular problem since they raise your bad cholesterol (LDL) and lower your good cholesterol (HDL). In addition, trans-fats can raise your risk for heart disease, stroke and type 2 Diabetes.”

Newly-licensed establishments using trans fat-free cooking oils include Elegant Edge Catering Company, 2319 Murray Avenue, Pittsburgh (Squirrel Hill neighborhood) and all three Sushic @ Giant Eagle supermarkets in the following locations: 2021 Wharton Street, Pittsburgh (South Side neighborhood); 9901 Mountainview Drive, West Mifflin; and 420 East Waterfront Drive, Homestead.

Other new restaurants are The Flying Squirrel, 239-241 East Main Street, Carnegie; Gibby’s Good Eats ‘N Treats, 800 Fourth Avenue, Coraopolis; Szmidt’s Old World Deli, 509 Greenfield Avenue, Pittsburgh (Greenfield neighborhood); Charya’s, 2973 South Park Road, Bethel Park; The Alcove, 875 Greentree Road, Building #4, Parkway Center, Suite 106, Greentree; and Sichuan Gourmet, 328 Atwood Street, Pittsburgh (Oakland neighborhood).

One other establishment opened in July -- Maruti Convenience, 1100 Fawcett Avenue, White Oak.

The Health Department reminds everyone that even when eating out, you can incorporate nutritious foods, including fruits and vegetables, into your diet and limit sugars and fats.

For more information, call **412-687-ACHD** (2243) or visit ACHD's [New Food Establishments page at www.achd.net/food/newfood.html](http://www.achd.net/food/newfood.html).

###

KAREN HACKER, MD, MPH, DIRECTOR
ALLEGHENY COUNTY HEALTH DEPARTMENT – PUBLIC INFORMATION OFFICE
542 FOURTH AVENUE • PITTSBURGH, PA 15219
PHONE (412) 687-ACHD • FAX (412) 578-8325 • WWW.ACHD.NET

