



FOR IMMEDIATE RELEASE
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WIC Increases Income Limits

PITTSBURGH – The Allegheny County Health Department today announced that income limits for its Women, Infants and Children (WIC) Supplemental Food and Nutrition Program increased on July 1.

The income limits, based on family size, went up by 1.2% to 1.5%. WIC serves about 16,000 individuals and has funding to enroll an additional 2,000.

WIC isn't just for families on public assistance. Eligibility is based on both income and medical or nutritional risk, but the income limits allow benefits for many working families with modest incomes.

The new limits are an annual gross income of \$21,590 for a family of one; \$29,101 for 2; \$36,612 for 3; \$44,123 for 4; \$51,634 for 5; \$59,145 for 6; \$66,656 for 7; and \$74,167 for 8. Add \$7,511 for each additional member beyond 8. Unborn children are counted when the woman is pregnant.

WIC is a federally funded program for income- and medically-eligible pregnant women, postpartum mothers, breastfeeding mothers, and children under the age of five.

WIC families receive nutrition counseling, breastfeeding support and food vouchers redeemable at participating grocery stores for infant formula; infant cereal; milk; eggs; cheese; juice; cereal; peanut butter; whole grains, including bread, tortillas, oatmeal and rice; soy milk; tofu; jarred baby foods; dry or canned beans; canned tuna/sardines/pink salmon; and fresh/frozen/canned fruits and vegetables.

Additional vouchers are available during the summer to purchase fresh Pennsylvania-grown produce at participating Farmers Markets and Farm Stands.

For information about WIC and how to apply for benefits, please call the Allegheny County Health Department WIC Program at **412-350-5801**. If this number is a toll call or you live outside Allegheny County, please call the statewide toll-free number, **1-800-WIC-WINS**. WIC information also is available at www.achd.net/wic.

PA WIC is funded by the USDA. USDA is an equal opportunity provider and employer.

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