



FOR IMMEDIATE RELEASE
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Twenty New Food Establishments Open in May and June

PITTSBURGH – The Allegheny County Health Department (ACHD) today reported that 20 new food establishments opened in the county in May and June, including 12 restaurants, two mobile vendors, two confectionaries, three grocery stores, and one caterer.

Allegheny County continues to become a destination for all kinds of new dining experiences from the multi-course dinner to the quick bite, as evidenced by the continued growth in new establishments seeking to become licensed.

“As part of our *Live Well Allegheny* efforts to promote individual and community wellness, we have been highlighting facilities that use trans fat-free cooking oils” said Dr. Karen Hacker. “Of course, a healthy diet limits fats overall, but trans-fats pose a particular problem since they raise your bad cholesterol (LDL) and lower your good cholesterol (HDL). In addition, trans-fats can raise your risk for heart disease, stroke and type 2 Diabetes.”

Newly-licensed establishments using trans fat-free cooking oils include The Village Melt, 400 Beaver Street, Sewickley, and Portogallo Peppers N’At, 2027 Noble Street, Swissvale.

Other newly-licensed restaurants include Fresh Healthy Café, 100 Robinson Center Drive, Robinson; Old Mexico Restaurant, 3075 Clairton Road, West Mifflin; BRRATS Deli, 1703 Monongahela Avenue, Swissvale; Sushi Fuku, 417 South Craig Street and Gyro Pit, 424 Semple Street, both in Pittsburgh (Oakland neighborhood); Fat Rai’s, 5009 Second Avenue, Pittsburgh (Hazelwood neighborhood); Doce Taqueria, 1220 East Carson Street and Victory Pointe, 1113 East Carson Street, both in Pittsburgh (South Side neighborhood); Pitt-Boss BBQ, 211 Hamilton Avenue, Duquesne; Jersey Mike’s Subs, 1155 Washington Pike, Collier; Jitters Café, 7 Parkway Center Drive, Green Tree; and China Wok, 4060 Brownsville Road, Brentwood.

ACHD reminds everyone that even when eating out, you can incorporate nutritious foods, including fruits and vegetables, into your diet and limit sugars and fats.

These establishments also opened in the last two months: Family Food Center, 2104 Brownsville Road and Brownsville Food & Drinks, 1810 Brownsville Road, both in Pittsburgh (Carrick neighborhood); Sugar And Spice On Wheels, 960 Brentview Drive, Baldwin Borough; Pittsburgh Popcorn, 301 South Hills Village, Bethel Park; Triveni Foods, 3310 Industrial Boulevard, Bethel Park; and Hungry For Time, 222 Third Avenue, Carnegie.

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