



FOR IMMEDIATE RELEASE
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Health Department Announces WIC Grocery Store Changes

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced that Shop 'n Save located at 2381 Mountain View Drive in West Mifflin, in the Century Square shopping plaza, will now accept food vouchers for the Women, Infants and Children (WIC) Supplemental Food and Nutrition Program.

More than 100 grocery stores throughout the County participate in the WIC program. Locations and directions to the stores can be found on the Health Department's website at <http://www.achd.net/wic/vendor.html>.

WIC is a federally funded program for pregnant women, postpartum and breastfeeding mothers, infants and children under the age of 5. Eligibility is based on income and nutritional risk.

The 2016-17 income limits for eligibility start with an annual gross income of \$21,978 for a family of one; \$29,637 for two; \$37,296 for three; \$44,955 for four; and \$52,614 for five. Unborn children are counted when the woman is pregnant. Allegheny County residents with family sizes larger than five, should contact the Health Department directly for benefit information.

WIC families receive nutrition counseling, breastfeeding support and food vouchers redeemable at participating grocery stores for infant formula; infant cereal; milk; eggs; cheese; juice; cereal; peanut butter; whole grains, including bread, tortillas, oatmeal and rice; soy beverage; tofu; jarred baby foods; dry or canned beans; canned tuna/sardines/pink salmon; and fresh/frozen/canned fruits and vegetables. Certain whole wheat pastas and yogurts have also been added to the WIC food list.

For information about WIC and how to apply for benefits, please call the Allegheny County Health Department WIC Program at **412-350-5801**. If this number is a toll call or you live outside Allegheny County, please call the statewide toll-free number, **1-800-WIC-WINS**, or visit www.pawic.com.

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