



ALLEGHENY COUNTY

ALWAYS INSPIRING

FOR IMMEDIATE RELEASE
May 24, 2017

Contact: Melissa Wade
Public Health Information Officer
412-578-8312 (office)
412-339-7995 (cell)
melissa.wade@alleghenycounty.us

Newest *Live Well Allegheny Restaurant* and Food Establishments Announced

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced that [Z-Best Barbeque Chicken and Ribs](#), located at 1315 Fifth Avenue in the City of Pittsburgh's Uptown neighborhood, is the latest restaurant to receive the *Live Well Allegheny Restaurant* designation.

Z-Best Barbeque Chicken and Ribs has indicated its intent to work with the county to accomplish the goals of the *Live Well Allegheny* campaign. The establishment has committed to offer half-sized portions, offer vegetarian/vegan fare, provide healthy side dishes and use plant-based oils for cooking and baking.

"We applaud the efforts of all the *Live Well Allegheny* restaurants working to provide healthier dining options for our residents," said Health Department Director, Dr. Karen Hacker. "As part of our county-wide commitment to promoting individual and community wellness, we also highlight those facilities that use trans-fat free cooking oils. The key to a healthy diet is choosing foods that have more good fats than bad fats, or trans fats and we encourage all new eateries to take that step toward living well."

The ACHD also announced the opening of twelve food establishments in the county in April, including five restaurants, two grocery stores, a snack bar, two confectionaries, an entertainment center and a brew house.

Eateries that use trans fat-free cooking oils are:

- Nicky's Thai Kitchen, 1026 Mt. Nebo Road, Ohio Township
- TJ's Buffet Sushi & Grill, 4801 McKnight Road, Ross Township
- Turkish Grille, 4632 Centre Avenue, Pittsburgh (Oakland neighborhood)
- Hug Thai Restaurant, 472 44th Street, Pittsburgh (Lawrenceville neighborhood)

Additional food establishments that opened in April:

- Bull River Taco, 4849 Clairton Boulevard, Baldwin Borough
- Bombay Spice & Grocery, 3623 Brownsville Road, Brentwood
- TC Candy & Chocolate Art, 101 Brownsville Road, Mt. Oliver
- Margaret's Tea Store & More, 1451 Collier Avenue, Carnegie
- The Woods Café And Bikes, 30 Corrigan Drive, Bethel Park
- Couch Brewery, 1351 Washington Boulevard, Pittsburgh (Highland Park neighborhood)
- La Poblanita International, 801 Fourth Avenue, Coraopolis
- Main Event Entertainment, 200 Quinn Drive, North Fayette

###

Karen Hacker, MD, MPH, Director
Allegheny County Health Department – Public Information Office
542 Fourth Avenue | Pittsburgh, PA 15219
Phone: 412-687-ACHD (2243) | Fax: 412-578-8325
www.achd.net

Follow us: [allegheny alerts](#) | [facebook](#) | [google+](#) | [instagram](#) | [linkedin](#) | [pinterest](#) | [twitter](#) | [youtube](#)