



FOR IMMEDIATE RELEASE
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Health Department Announces WIC Grocery Store Changes

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced that Express Mini Mart at 3518 Brownsville Road, Pittsburgh (Brentwood neighborhood) will now accept food vouchers for the Women, Infants and Children (WIC) Supplemental Food and Nutrition Program.

Himalaya Grocery Brentwood at 3621 Brownsville Road, Pittsburgh (Brentwood neighborhood) no longer accepts WIC vouchers.

More than 100 grocery stores throughout the County participate in the WIC program. Locations and directions to the stores can be found on the Health Department's website at <http://www.achd.net/wic/vendor.html>.

WIC is a federally funded program for pregnant women, postpartum and breastfeeding mothers, infants, and children under the age of five. Eligibility is based on income and nutritional risk.

The 2015-16 income limits for eligibility start with an annual gross income of \$21,775 for a family of one; \$29,471 for 2; \$37,167 for 3; \$44,863 for 4; and \$52,559 for 5. Unborn children are counted when the woman is pregnant. Allegheny County residents with family sizes larger than 5, should contact the Health Department directly for benefit information.

WIC families receive nutrition counseling, breastfeeding support and food vouchers redeemable at participating grocery stores for infant formula; infant cereal; milk; eggs; cheese; juice; cereal; peanut butter; whole grains, including bread, tortillas, oatmeal and rice; soy beverage; tofu; jarred baby foods; dry or canned beans; canned tuna/sardines/pink salmon; and fresh/frozen/canned fruits and vegetables. Certain whole wheat pastas and yogurts have also been added to the WIC food list.

For information about WIC and how to apply for benefits, please call the Allegheny County Health Department WIC Program at **412-350-5801**. If this number is a toll call or you live outside Allegheny County, please call the statewide toll-free number, **1-800-WIC-WINS**, or visit www.pawic.com.

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