



ALLEGHENY COUNTY

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Newest *Live Well Allegheny* Restaurant and Food Establishments Announced

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced the latest restaurant to receive the *Live Well Allegheny* designation is [Bluebird Kitchen](#), with two locations in downtown Pittsburgh: 221 Forbes Avenue and 11 Stanwix Street – Lower Level.

Bluebird Kitchen, a Sustainable Pittsburgh Restaurant, has indicated its intent to work with the county to accomplish the goals of the *Live Well Allegheny* campaign. The establishment has committed to providing calorie counts and other nutritional information on menus, offering vegetarian/vegan fare, using plant-based oils for cooking and baking and more.

“We applaud the efforts of Bluebird Kitchen and the rest of our *Live Well Allegheny* restaurants”, said Health Department Director, Dr. Karen Hacker. “As part of our county-wide commitment to promoting individual and community wellness, we also highlight those facilities that use trans-fat free cooking oils. The key to a healthy diet is choosing foods that have more good fats than bad fats, or trans fats and we encourage all new eateries to take that step toward living well.”

During the month of March, 17 food establishments opened, six of which employ trans fat-free cooking:

- Needle & Pin, 3271 West Liberty Avenue, Dormont
- California Coffee Bar, 3619 California Avenue, Pittsburgh (North Side neighborhood)
- Sawasdee Thai & Sushi, 112 Abbeyville Road, Mt. Lebanon
- Falorio's, 519 Monongahela Avenue, Glassport
- Senyai Thai Kitchen, 5865 Ellsworth Avenue, Pittsburgh (Shadyside neighborhood)
- Dive Bar & Grille, 2132 East Carson Street, Pittsburgh (South Side neighborhood)

Additional food establishments that opened last month include:

- Burgh'ers, 3601 Butler Street, Pittsburgh (Lawrenceville neighborhood)
- El Paso Mexican Grill, 1778 North Highland Road, Upper St. Clair
- Farm Fresh Market, 226 North Negley Avenue, Pittsburgh (East Liberty neighborhood)
- Bruster's, 5888 Steubenville Pike, Robinson
- Krum's Creamery, 200 Swiss Way, Elizabeth Township
- Wall Avenue Express, 417 Wall Avenue, Pitcairn
- Hollywood Lanes, 2961 West Liberty Avenue, Dormont
- Sheraden Shoppe N Kitchen, 2827 Chartiers Avenue, Pittsburgh (Sheraden neighborhood)
- 15 Fahrenheit Rolled Ice Cream, 654 Washington Road, Mt. Lebanon
- Sunny Meadows Foods, 2001 Montour Church Road, South Fayette
- Dunkin' Donuts, 1803 Golden Mile Highway, Unit B, Plum

For more information on the *Live Well Allegheny* campaign, please visit www.LiveWellAllegheny.com.

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