



# ALLEGHENY COUNTY

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**FOR IMMEDIATE RELEASE**

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## **Newest *Live Well Allegheny* Restaurants and Food Establishments Announced**

**PITTSBURGH** – The Allegheny County Health Department (ACHD) today announced that four more restaurants have received the *Live Well Allegheny Restaurant* designation. They are:

Spirit Restaurant, 242 51<sup>st</sup> Street, Pittsburgh 15201  
Apollo Café, 429 Forbes Avenue, Pittsburgh 15219  
Tender Bar & Grill, 4300 Butler Street, Pittsburgh 15201  
Shab's Grill, 339 Forbes Avenue, Pittsburgh 15222

Each of the restaurants has indicated the intent to work with the county to accomplish the goals of the *Live Well Allegheny* campaign, and has outlined the steps the facility intends to take. At a minimum, the leadership at each establishment has committed to eliminated trans-fat oils, being smoke-free, and not selling tobacco products. Each has also committed to four additional action steps that are responsible business practices, and will provide healthy options for patrons. Finally, each has also received various designations as part of the Sustainable Restaurant Program. To learn what each restaurant is doing to "live well," visit <http://j.mp/LWA-Restaurants>.

"We are glad to welcome these restaurants into the *Live Well Allegheny* family. They are providing great healthy options for the residents of our county" said Director Dr. Karen Hacker.

ACHD also announced the eateries and restaurants which were licensed and opened to the public in January.

The new eateries that use trans fat-free cooking oils are:

- Sheetz, 2871 Freeport Road, Harmar
- Mintt Indian Cuisine, 3747 William Penn Highway, Monroeville

Additionally, the following restaurants also opened in January:

- Southern Tier Brewing Company, 316 North Shore Drive, Pittsburgh (North Side neighborhood)
- Mezza 663, 663 Washington Road, Mt. Lebanon
- Zoup! Soups, Salads & Sandwiches, 1137 Freeport Road, O'Hara
- Piada Italian Street Food, 3600 Forbes Avenue, Pittsburgh (Oakland neighborhood)
- Good L'Oven Cookie Shoppe Too, 322 Sewickley Oakmont Road, Ross
- Mt. Lebanon Snack Bar, 900 Cedar Boulevard, Mt. Lebanon
- Sweet Pea's West View, 5340 Perrysville Avenue, West View
- The Cookie Garden, 8105 Perry Highway, McCandless

"As part of our county-wide commitment to promoting individual and community wellness, we also look at and highlight those facilities that use trans fat-free cooking oils. The key to a healthy diet is choosing

foods that have more good fats than bad fats, or trans fats,” said Dr. Hacker. “We encourage all new eateries to take that step toward living well.”

# # #

Karen Hacker, MD, MPH, Director

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