



ALLEGHENY COUNTY

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FOR IMMEDIATE RELEASE
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Newest *Live Well Allegheny* Restaurant and Food Establishments Announced

PITTSBURGH – The Allegheny County Health Department (ACHD) today announced the latest restaurant to receive the *Live Well Allegheny* designation is **Nicky's Thai Kitchen**, with two locations:

- **Nicky's Thai Kitchen North Side**, 856 Western Avenue
- **Nicky's Thai Kitchen Downtown**, 903 Penn Avenue

Nicky's has indicated the intent to work with the County to accomplish the goals of the *Live Well Allegheny* campaign. They have committed to use plant-based oils for cooking, incorporate locally-grown seasonal vegetables, offer a number of options for vegans and vegetarians, and provide a location to store bicycles within the vicinity of the restaurant and more.

"We applaud the efforts of Nicky's Thai Kitchen and the rest of our *Live Well* restaurants", said Health Department Director, Dr. Karen Hacker. "As part of our county-wide commitment to promoting individual and community wellness, we also highlight those facilities that use trans-fat free cooking oils". The key to a healthy diet is choosing foods that have more good fats than bad fats, or trans fats and we encourage all new eateries to take that step toward living well."

New eateries that employ trans fat-free cooking are:

- Jabo's Smoque House And Saloon, 4428 Liberty Avenue, Pittsburgh (Bloomfield neighborhood)
- Pie Express, 1926 Brownsville Road, Pittsburgh (Carrick neighborhood)
- Reed & Company, 4113 Butler Street, Pittsburgh (Lawrenceville neighborhood)

Additionally, others that opened last month include:

- Quattro Pizza, 328 Curry Hollow Road, Pleasant Hills
- Luv Grub, 719 East Street, Pittsburgh (North Side neighborhood)
- Mindful Brewing Company, 3759 Library Road, Castle Shannon
- Casellula @ Alphabet City, 40 West North Avenue, Pittsburgh (North Side neighborhood)
- Captain Keem's, 3231 Brighton Road, Pittsburgh (North Side neighborhood)
- Bob's Donuts, 500 Pine Hollow Road, Kennedy
- Crazy Mocha, 1836 Centre Avenue, Pittsburgh (Hill District neighborhood)
- Sheetz, 2615 Nicholson Road, Sewickley

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