

Hepatitis A is going around.

Hepatitis A is a virus that can cause liver disease.

Protect yourself:

Wash your hands* with soap and warm water **AFTER using the bathroom and **BEFORE** eating, smoking, or using drugs.**



1. Use warm water and soap.
2. Rub your hands together for at least 20 seconds.
3. Rinse your hands well with warm water.
4. Dry your hands using a paper towel or air dry them.

*Washing with soap and warm water is best. If you can't wash, use hand sanitizer.