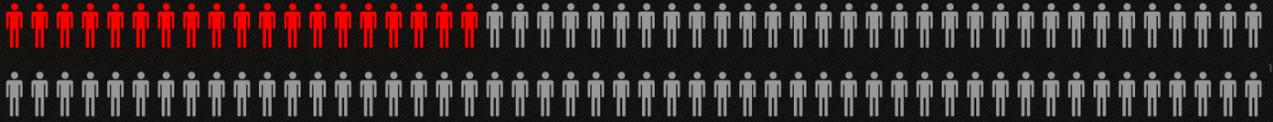


Tobacco in Allegheny County

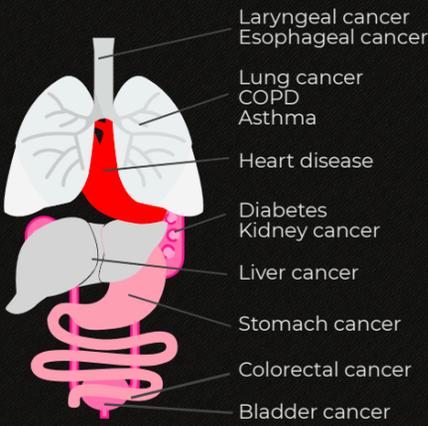


19% of adults smoke.



That's about **233,000** people.²

Tobacco can cause disease almost anywhere in the body.



More than **12%** of women in Allegheny County smoke while pregnant



* tobacco can cause low birth weight and infertility³

Annual health care costs in Allegheny County due to tobacco: **\$635 million**^{2,5}

- The adult smoking rate in Allegheny County has **decreased** from 23% to **19%**, surpassing the Plan for a Healthier Allegheny's goal!
- We've come a long way, but there's still work to do.
- Here are some recent victories that have helped reduce the toll of tobacco on our residents ... and some opportunities for us to improve.

Victories

Opportunities

Where we LIVE



The Allegheny County Housing Authority has designated more than **1700** smoke-free units in **24** buildings.⁶
In November 2015, HUD proposed requiring all 3,100 public housing agencies in the nation to adopt smoke-free policies. This would protect more than **1 million** adults and children from secondhand smoke at home.

Nationwide, **7,600** smoking-related fires occur every year.

Nearly 1200 stores in Allegheny County sell tobacco.⁸ Residents - including children - are exposed to tobacco advertising every time they walk by one of these stores.

Where we LEARN



All Pennsylvania secondary schools have smoke-free policies.
Effective January 1, 2017, all **CCAC campuses** became smoke-free.
Effective August 25, 2017, **Carnegie Mellon University** became smoke-free.

Nationwide, there are more than 1,750 smoke-free campuses, but only two-thirds of these are **fully tobacco-free**. There is no safe tobacco.

Where we PLAY



The City of Pittsburgh updated its Young Lungs at Play policy to make all Citiparks **tobacco-free**.
More than **60** communities in Allegheny County participate in the Young Lungs At Play program -- more than any other county in Pennsylvania.



In 2014, **39.1%** of 18 and 19 year-olds said that they had tried cigarettes or other tobacco products.⁹

19.9% of adolescents had tried e-cigarettes.

Where we WORK



All UPMC and Allegheny Health Network campuses are **tobacco-free**, protecting patients, visitors, and a combined total of more than 79,000 employees.¹¹

393 establishments in Allegheny County have exceptions from the Clean Indoor Air Act.¹⁰ Patrons, servers, and musicians are still exposed to secondhand smoke in these places.

POLICY



Pennsylvania's Clean Indoor Air Act of 2008 **prohibits smoking** in public places and workplaces.
As of March 20, 2017, **vaping is prohibited in restaurants and public places** in Allegheny County where smoking is already prohibited.

Racial and socioeconomic disparities still exist. **30% of African Americans smoke**, compared to 17% of Caucasians.¹

A **10%** increase in the price of cigarettes can decrease youth smoking by **7%**

CESSATION



The Affordable Care Act requires that all health plans cover preventive services, including **tobacco cessation services**.
UPMC recently expanded cessation services to include **e-referrals**.
Allegheny Health Network recently expanded its program for former and current smokers. **free lung cancer screening**

85% of smokers have tried to quit at least once. **45%** have tried to quit at least 3 times.¹²

FREE counseling services are available by calling 1-800-QUIT-NOW.

Sources:
1. Allegheny County Health Survey, 2015-2016.
2. U.S. Census Bureau: State and County QuickFacts: Allegheny County, Pennsylvania, October 2015.
3. U.S. Department of Health and Human Services: The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General, 2014.
4. Allegheny County Health Department, 2011.
5. Campaign for Tobacco-Free Kids: Key State-Specific Tobacco-Related Data & Rankings, October 2015.
6. Allegheny County Housing Authority, 2016.
7. U.S. Fire Administration: Smoking-Related Fires in Residential Buildings (2008-2010), June 2012.
8. Pennsylvania Department of Revenue, 2017.
9. Healthy Allegheny Teen Survey, 2014.
10. Pennsylvania Department of Health, 2017.
11. TribLive.com: Allegheny Health Network to ban smoking on its grounds starting Jan. 1, August 11, 2014.
12. Gallup: Most U.S. Smokers Want to Quit, Have Tried Multiple Times, July 2013.