

Local Offices/Senior Centers Providing Carrier Alert

To register, call one of the following locations and ask for a **Carrier Alert Registration Form**.

- › **Allentown Senior Citizen Center**
412-481-5220
- › **Catholic Youth Association
(Stephen Foster Center)**
412-621-3342
- › **Citiparks**
412-422-6570
- › **Council of Three Rivers American
Indian Center**
412-782-4457
- › **Eastern Area Adult Services**
412-824-6880
- › **Jewish Community Center**
412-521-8010
- › **LifeSpan, Inc. Chartiers Senior Center**
412-276-5056
- › **LifeSpan, Inc. Homestead**
412-464-1300
- › **Lutheran Services Society**
412-307-1782
- › **Macedonia FACE**
412-281-2573
- › **Municipality of Penn Hills**
412-244-3407
- › **Northern Area Multiservice Center**
412-781-1175
- › **Plum Boro Senior Citizens Center**
412-795-2330
- › **Riverview Community Action Center**
412-828-1062
- › **Seton Senior Center**
412-344-4777
- › **Ursuline Services, Inc.**
412-345-0144
- › **Vintage, Inc.**
412-361-5003

DHS IS

responsible for providing and administering publicly funded services to Allegheny County residents.

DHS PRINCIPLES

All services will be

- high quality, comprehensive, and accessible.
- individualized and designed to be respectful of the unique cultural characteristics of each individual and/or community
- integrated and offered through a team approach that recognizes the capacity of individuals and families to identify their own strengths, needs, and goals; create relationships with natural supports; and take steps necessary to accomplish these goals.



Area Agency on Aging

Rich Fitzgerald
ALLEGHENY COUNTY EXECUTIVE

Erin Dalton
DIRECTOR, DEPARTMENT OF
HUMAN SERVICES

Phone: 412-350-5460

Fax: 412-350-4330

Toll-free: 1-800-344-4319

Email: seniorline@alleghenycounty.us
www.alleghenycounty.us/dhs/aaa

2100 Wharton Street, Second Floor
Pittsburgh, PA 15203

The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

*DHS funding information is available at www.alleghenycounty.us/dhs/funding.aspx
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Carrier Alert

 Area Agency on Aging



**Do you live alone?
Your neighborhood letter
carrier wants to help you.**

**ALLEGHENY COUNTY
DEPARTMENT OF
HUMAN SERVICES**

alleghenycounty.us/dhs





A history

Carrier Alert is a lifeline to help, as close as your mailbox. If living alone worries you, the Carrier Alert program can offer you the comfort of knowing that someone who visits your home regularly can call for help if you need it. This free service has been developed especially for older adults, the homebound and persons with disabilities — people who may have difficulty reaching vital services because of an accident or sudden illness. The U.S. Postal Service and the National Association of Letter Carriers, recognizing their unique presence in America's neighborhoods and further recognizing the needs of a special segment of postal customers, encouraged joint support to local community social service agencies in a

program called Carrier Alert. Carrier Alert is a natural extension of the care that individual letter carriers traditionally have exhibited for their customers — not just in delivery of their mail — but in genuine concern for their well-being. It has been customary for letter carriers to show particular consideration for customers on their routes whose health or advanced age required a little extra special attention.

Under Carrier Alert in Allegheny County, the DHS Area Agency on Aging (AAA) notifies the local post office of customers who wish to participate in the program. The customer's letter carrier, in performing his or her daily rounds, is alert to an accumulation of mail which might signify a sudden illness or accident and notifies the AAA for appropriate follow-up. This is voluntary and at the discretion of the mail carrier.

Local leaders of Branch 84, Pittsburgh, Pa; National Association of Letter Carriers; local postmasters and management support Carrier Alert efforts.

How it works

Interested postal patrons register to participate in the program at their local senior centers or through AAA. The letter carrier may watch for any signs of distress such as an unusual accumulation of mail. If the letter carrier finds an accumulation of mail, he or she may report this to the postal supervisor who will report it to AAA. AAA will then try to contact the customer by phone. If he/she cannot be reached, the agency personnel will try to

contact a friend or relative who has been designated. If a friend or a relative cannot be reached, AAA will contact the police to check on the health and well-being of the customer.

Who is eligible?

Anyone residing in Allegheny County who has a disability or is 60 years of age or older is eligible. You are invited to register for this free service so that a letter carrier can help you if you need it.

Write or call:

**DHS Area Agency on Aging (AAA)
Birmingham Towers**

2100 Wharton Street, Second floor
Pittsburgh, PA 15203
412-350-5460 or 1-800-344-4319

Email: SeniorLine@alleghenycounty.us

