### For Children

Provides meals to children during out-of-school hours, including before school, after school, evenings, weekends and summers.

### **After School CACFP**

412-350-2759

Provides meals in communities around the county to children (18 years and under) attending afterschool programs.

### **SummerFood Service Program**

Visit the Greater Pittsburgh Community Food Bank website at <a href="mailto:pittsburghfoodbank.org/get-help/">pittsburghfoodbank.org/get-help/</a> and click on the Summer Food tile for more information.

Serves a nutritious breakfast and lunch to children, 18 years of age and younger, who visit one of the sites throughout Allegheny County on weekdays throughout the summer. Most sites open mid-June and serve meals through mid-August.



#### DHS IS

responsible for providing and administering publicly funded services to Allegheny County residents.

#### DHS PRINCIPLES

All services will be

- high quality, comprehensive, and accessible.
- individualized and designed to be respectful of the unique cultural characteristics of each individual and/or community
- integrated and offered through a team approach that recognizes the capacity of individuals and families to identify their own strengths, needs, and goals; create relationships with natural supports; and take steps necessary to accomplish these goals.



Rich Fitzgerald
ALLEGHENY COUNTY EXECUTIVE

Erin Dalton

DIRECTOR, DEPARTMENT OF HUMAN SERVICES

Phone: 412-350-6611 Fax: 412-350-2785 www.alleghenycounty.us/dhs

Human Services Building One Smithfield Street, Suite 200 Pittsburgh, PA 15222-2221

The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

DHS funding information is available at www.alleghenycounty.us/dhs/funding.aspx Produced by the DHS Office of Community Relations 7/2021



# **Food Assistance**

Supports are available for those who are in need. Most programs have eligibility guidelines based on household income and/or age of the recipient.



ALLEGHENY COUNTY
DEPARTMENT OF
HUMAN SERVICES

alleghenycounty.us/dhs



# For Eligible Individuals and Families

Provides year-round food assistance to individuals and families based on need and household income.

# **Greater Pittsburgh Community Food Bank**

412-460-3663

The GPCFB website provides instructions for finding a food assistance agency by ZIP code on its "Get Help" page <a href="mailto:pittsburghfoodbank.org/get-help/">pittsburghfoodbank.org/get-help/</a>

# Hunger Services Network of the Urban League

1-866-395-3663

Senior boxes provide referrals to neighborhood food pantries when emergency food assistance is needed.

# **Supplemental Nutrition Assistance Program (SNAP)**

Benefits low-income households by helping them maintain more nutritious diets by increasing their food-purchasing power.

# **SNAP Screening Agencies**

Help qualified individuals to fill out food stamp applications.

- Greater Pittsburgh Community Food Bank 412-460-3663
- Just Harvest 412-431-8963
- Urban League of Greater Pittsburgh 866-395-3663

# **Apply online at COMPASS**

<a href="mailto:compass.state.pa.us/Compass.Web/public/cmphome">cmphome</a> or by visiting one of the Allegheny County Assistance Offices.

### **Produce to People**

Provides food year-round to qualifying individuals and families (with incomes at or below 150 percent of Federal Poverty Guidelines) at community locations. The schedule for Produce to People is available on the GPCFB website at

pittsburghfoodbank.org/producetopeople/

# Women, Infants and Children (WIC) 412-350-5801

Benefits income-eligible pregnant women; breastfeeding women up to 12 months postpartum; non-breastfeeding women up to six months postpartum; and infants and children up to five years of age who have a medical/nutritional risk through a health and supplemental nutrition program. WIC is provided by the Allegheny County Health Department.

### For Older Adults

Provides food products and/or meals to persons 60 years of age and older, especially those who are unable to prepare meals or shop for themselves.

#### **Home Delivered Meals**

412-350-5460

Delivers nutritious, balanced meals, Monday through Friday to older adults who have difficulty cooking or leaving their homes.

# **Lunch at Senior Community Centers** 412-350-5460

Senior Boxes provide lunch and social time weekdays in every senior community center.

Lower calorie meals are available for individuals with a dietary prescription. Meals are designed to meet one-third of the older adult's daily nutritional requirements.

Menus and a list and interactive map of Senior Community Center locations are posted on the DHS website at <u>alleghenycounty.us/dhs/seniorcenters.aspx</u>.

#### Free Food for Seniors

412-460-3663, ext. 308

Provides a monthly food allotment to older adults who qualify based on income.

Monthly assortment includes canned vegetables, fruit, juices, peanut butter, cheese, canned chicken, evaporated milk, pasta and cereal. Photo identification and proof of income are required.

# Farmers' Market Vouchers

412-350-5460

Provides older adult residents of Allegheny County who are income-eligible \$20 in vouchers to purchase fresh produce from any of the farmers' markets located in the County during the summer and autumn months. The supply of vouchers is limited. Photo identification for proof of age and residency is required. The voucher distribution date, usually in mid-June, is announced in the media and on the DHS website at alleghenycounty.us/dhs/olderadults.aspx.

Additional information about food assistance: <u>alleghenycounty.us/dhs/food.aspx</u>

