



## Weekly SPECIALS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST						
Orange Juice or Juice of Choice Cheerios Scrambled Eggs Waffles Margarine & Syrup	Apple Juice or Juice of Choice Oatmeal Three Cheese Omelet Wheat Toast Margarine, Jelly	Grape Juice or Juice of Choice Corn Flakes French Toast Sausage Pattie Margarine & Syrup	Cranberry Juice or Juice of Choice Cream of Wheat Egg & Cheese Muffin Peaches	Orange Juice or Juice of Choice Rice Krispies Bacon Pancakes Margarine & Syrup	Apple Juice or Juice of Choice Oatmeal Scrambled Eggs with Peppers & Onions Home Fries Wheat Toast Margarine, Jelly	Grape Juice or Juice of Choice Raisin Bran Sausage Gravy over Biscuit
Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages
LUNCH						
Baked Ham Au Gratin Potatoes Carrots Strawberry Ice Cream	Chicken Cacciatore Pasta Sautéed Squash Medley Oatmeal Raisin Cookie	Roast Turkey with Gravy Bread Dressing Broccoli Pineapple Crumble	Kielbasa Pierogies Buttered Cabbage Yellow Cake with Chocolate Icing	Batter Fried Fish Potato Pancakes Mixed Vegetables Oreo Cookie Dessert	Lemon Garlic Chicken Parmesan Orzo California Blend Vegetables Peanut Butter Cookie	Swedish Meatballs over Noodles Italian Green Beans Fruit Cocktail
Oven Fried Chicken	Pasta Primavera	Salisbury Steak with Mushroom Gravy	Baked Chicken with Gravy	Boneless BBQ Rib on Bun	Liver & Onions	Parmesan Oven Fried Fish
DINNER						
Cheeseburger Baked Beans Cauliflower Tropical Fruit Cup	Fish Sticks Roasted Red Skin Potatoes Sautéed Spinach Peaches	Wedding Soup Egg Salad Sandwich on Wheat Bread Three Bean Salad Sherbet	Philly Cheese Steak Hoagie French Fries Green Beans Applesauce	Rigatoni and Sausage Bake Bread Stick Tossed Salad Mandarin Oranges	Grilled Turkey Melt Cole Slaw Buttered Green Peas Chilled Pears	Chicken & White Bean Soup Bologna & Cheese Sandwich on White Bread Potato Salad Under the Sea Salad
Grilled Cheese Sandwich	Grilled Turkey Burger on Bun	Ham and Swiss on Rye	Crispy Chicken Sandwich	Breaded Veal Cutlet Mashed Potatoes	Hot Dog on Bun	Chicken Salad on Bun

**Breakfast Includes:** Hot Coffee – Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim, Juice – Orange, Apple, Cranberry, Prune, or Tomato

**Lunch and Dinner Include:** Hot Coffee – Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim,

A Blueberry on the menu indicates a “Be Well” recipe – these items will be trans fat free, minimally processed and mindful of sodium.