



Weekly SPECIALS

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|--|---|
| BREAKFAST | | | | | | |
| Orange Juice or Juice of Choice Cheerios Scrambled Eggs Waffles Margarine & Syrup | Apple Juice or Juice of Choice Oatmeal Western Omelet Wheat Toast Margarine, Jelly | Grape Juice or Juice of Choice Corn Flakes Sausage Pattie Cinnamon French Toast Margarine & Syrup | Cranberry Juice or Juice of Choice Cream of Wheat Egg & Cheese Muffin Chilled Peaches | Orange Juice or Juice of Choice Rice Krispies Bacon Pancakes Margarine & Syrup | Apple Juice or Juice of Choice Oatmeal Scrambled Eggs with Peppers & Onions Home Fries Wheat Toast Margarine, Jelly | Grape Juice or Juice of Choice Raisin Bran Sausage Gravy over Biscuit |
| Assorted Beverages | Assorted Beverages | Assorted Beverages | Assorted Beverages | Assorted Beverages | Assorted Beverages | Assorted Beverages |
| LUNCH | | | | | | |
| Pork Adobo Rice Pilaf Sautéed Spinach Lemon Cookie | Cheddar Meatloaf Mashed Potatoes Buttered Carrots Chilled Applesauce | Braised Veracruz Fish Lemon Orzo Italian Green Beans Tropical Fruit Salad | Turkey Tetrazzini Mixed Vegetables Breadstick Fruit Cocktail | Oven Fried Chicken Cheesy Potato Casserole Seasoned Brussel Sprouts Jello Poke Cake | Cheese Pizza California Blend Vegetables Cheesecake Parfait | Glazed Ham Loaf Mashed Sweet Potatoes Green Beans Cinnamon Bread Pudding |
| Lemon Pepper Fish | Herb Baked Chicken | Salisbury Steak with Mushroom Gravy | Cheese Tortellini with Marinara Sauce | Breaded Veal Cutlet | Chicken a la King with a Biscuit | Roasted Herb Turkey |
| DINNER | | | | | | |
| Cream of Tomato Soup Turkey & Swiss on Rye Potato Salad Fruited Gelatin | Ham BBQ Sandwich Roasted Cauliflower Onion Rings Marble Mousse with Topping | Vegetable Soup Chicken Salad on a Croissant Three Bean Salad Chocolate Chip Cookie | Cheeseburger on a Bun Baked Beans Broccoli Sherbet | Meatball Hoagie Creamy Italian Pasta Salad Sautéed Zucchini Chilled Rosy Pears | Battered Fried Fish French Fries Carrots Chilled Mandarin Oranges | Chicken Parmesan Pasta with Tomato Sauce Peas Chilled Peaches |
| Egg Salad on Bun | Tuna Melt | Bologna & Cheese Sandwich on White Bread | Grilled Ham and Cheese Sandwich | Grilled Turkey Burger on Bun | Boneless BBQ Ribs on Bun | Swedish Meatballs |

Breakfast Includes: Hot Coffee , Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim, Juice – Orange, Apple, Cranberry, Prune, or Tomato

Lunch and Dinner Include: Hot Coffee , Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim,

A Blueberry on the menu indicates a “Be Well” recipe – these items will be trans fat free, minimally processed and mindful of sodium.