









## Weekly SPECIALS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>BREAKFAST</b>						
Orange Juice or Juice of Choice Cream of Wheat Breakfast Ham Waffles Margarine & Syrup	Apple Juice or Juice of Choice Corn Flakes Baked Spinach Omelet English Muffin Margarine, Jelly	Grape Juice or Juice of Choice Oatmeal Sausage Pattie Cinnamon French Toast Margarine & Syrup	Cranberry Juice or Juice of Choice Rice Krispies Egg & Cheese on Biscuit Chilled Pears	Orange Juice or Juice of Choice Cream of Wheat Bacon Blueberry Pancakes Margarine & Syrup	Apple Juice or Juice of Choice Raisin Bran Scrambled Eggs Rye Toast Margarine, Jelly	Grape Juice or Juice of Choice Oatmeal Cheese Quiche Hash Browns
Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages	Assorted Beverages
<b>LUNCH</b>						
Citrus Pork Loin  Baked Sweet Potato Wax Beans Vanilla Ice Cream	Salisbury Steak with Mushroom Gravy Mashed Potatoes Buttered Corn Chilled Fruit Cocktail	Pasta Primavera Italian Blend Vegetable Breadstick Cinnamon Applesauce	Lemon Pepper Chicken  Rice Pilaf Lemon Herb Green Beans Golden Peach Dessert	Macaroni & Cheese Stewed Tomatoes Sugar Cookie	Roasted Herb Turkey  Bread Stuffing Glazed Carrots Cherry Crisp	Chicken Fricassee Scalloped Potatoes Sautéed Zucchini  Confetti Cake
Oven Fried Chicken	Roast Turkey	Meatball Hoagie	Baked Fish Florentine	Open Faced Roast Beef Sandwich	Baked Glazed Ham	Breaded Veal Cutlet
<b>DINNER</b>						
Cheese Pizza Tossed Salad Chilled Peaches	Chicken Noodle Soup Tuna Salad Sandwich on Wheat Cole Slaw Sherbet	Grilled Turkey Reuben Baked Potato Wedges Seasoned Brussel Sprouts  Peanut Butter Mousse	Boneless BBQ Rib on Bun French Fries Key Largo Veg. Blend Gelatin Cubes with Whipped Topping	Hot Dog on Bun Baked Beans Cauliflower Mandarin Oranges	Goulash with Elbow Noodles Mixed Vegetables Crushed Pineapple	Wedding Soup Fish Sandwich Broccoli and Red Pepper Chilled Pears
Chicken Nuggets French Fries	Ham & Swiss on Bun	Hamburger on Bun	Grilled Cheese Sandwich	Grilled Turkey Burger on Bun	Baked Fish with Crumb Topping	Chicken Patty on Bun

**Breakfast Includes:** Hot Coffee, Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim, Juice – Orange, Apple, Cranberry, Prune, or Tomato

**Lunch and Dinner Include:** Hot Coffee, Hot Tea – Regular or Decaf, Milk – Whole, 2% or Skim

 A Blueberry on the menu indicates a “Be Well” recipe – these items will be trans fat free, minimally processed and mindful of sodium.