Safer Substance Use

Tips to Prevent Overdose and Infections

Avoid sharing supplies and prepare your own substances

Practice good hygiene measures

- If sharing can't be avoided, clean equipment
- Wash your hands with soap and clean water for 20 seconds or use hand sanitizer
- Keep your surface clean. Use disinfectant wipes/diluted bleach to wipe it down

Don't use alone

Using alone? Call the "Never Use Alone" hotline at 1-800-484-3731

Use small amounts of a drug at a time

Check street drugs with fentanyl or xylazine by using test strips

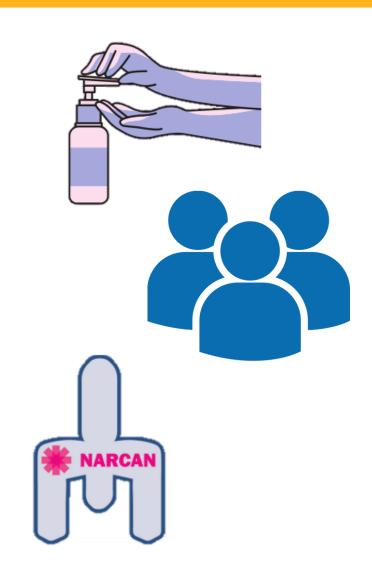
Available through ACHD: tinyurl.com/opp-Narcan

Have Naloxone (Narcan) available to reverse an opioid overdose

- Available at pharmacies in PA without a prescription
- Available through ACHD: tinyurl.com/opp-Narcan

For Harm Reduction Services





Harm Reduction Services

Prevention Point Pittsburgh

Offering safer smoking, snorting, and injection supplies to reduce the spread of HIV, Hepatitis C, and other infections, fentanyl test strips, and harm reduction support and overdose prevention resources.

Call **412-247-3404** for information or to arrange for supply delivery or call the Service Navigator **412-758-4257** if you have questions about accessing local services.

Site Schedule

Visit pppgh.org or call for time and location:



Tuesday in Perry Hilltop Wednesday in the Hill District Thursday in Carrick/Overbrook Fridays in Homewood Sundays in East Liberty

Treatment and Recovery

Call the PA Get Help Now Line at 1-800-662-HELP

For treatment, call the Allegheny County Bureau of Drug and Alcohol Services at 412-350-3328

For more resources, visit: www.harmreductionallegheny.org

Information provided by the Allegheny County Health Department's Overdose Prevention Program