

# What You Need to Know About DOXYCYCLINE

This medication is used to cure an infection.

It is important to take the entire prescription even if you are not having symptoms or your symptoms have resolved to treat your infection and protect your partner(s).

## HOW TO TAKE DOXYCYCLINE:

Take one capsule by mouth twice a day for seven days

## WHILE ON THIS MEDICATION

- ✔ Do not have sex while taking this medication, and until all symptoms have resolved to prevent spreading the infection to your partner(s)
- ✔ Use a condom as this medication can interact with hormonal birth control and make them less effective
- ✔ Do not take supplements containing iron or calcium, multivitamins, antacids, or laxatives within 2 hours before or after taking doxycycline
- ✔ Drink plenty of water
- ✔ Cover up when going out in the sun and wear sunscreen (SPF 30+)— this medication can make you sunburn more easily
- ✔ Tell your health care provider if symptoms do not improve or resolve in 5 days

## POSSIBLE SIDE EFFECTS

- You may experience mild diarrhea, upset stomach, or nausea
- If any of these effects persist or worsen, please contact your healthcare provider

## TIPS TO HELP YOU TAKE DOXYCYCLINE

- ✔ Take this medication with a full glass of water and do not lay down for 30 minutes after to avoid throat irritation
- ✔ Take this medication with food to help with upset stomach
- ✔ Place a reminder note on an object or set an alarm on your phone to remind you to take your medication at the same time every day
- ✔ Mark off on a calendar that you have taken your medication.

## IF YOU FORGET TO TAKE A DOSE

- Take the missed dose as soon as you remember
  - **UNLESS** it is almost time for your next dose, **THEN SKIP** the missed dose and take the next one at the scheduled time
- **DO NOT** take any extra capsules to make up for the missed dose



**STOP taking your medicine right away if you have any of the issues below :**

- ✘ Diarrhea that is watery or bloody
- ✘ Are pregnant or may become pregnant
- ✘ Develop a skin rash, have trouble breathing, or notice swelling in your face or throat
- ✘ Develop rapid headache, blurred vision, double vision, or vision loss



For more information, please scan this QR code:



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