Additional Services

Services are available for youth with mental emotional disturbances through the unit of Child and Adolescent Mental Health Services, including early intervention, as well as for residents with substance use disorders through the Bureau of Drug and Alcohol Services. For more information call: 412-350-4457.

Bureau of Mental Health Purpose Statement

The DHS OBH Bureau of Mental Health Services works closely with providers and other stakeholders to deliver culturally competent, quality services to individuals and families across the life span. Built upon the principles of resiliency and recovery, the bureau supports and respects each person right to choose services that meet their unique needs.

DHS IS
responsible for providing and administering publicly funded services to Allegheny County residents.

DHS PRINCIPLES
All services will be

- high quality, comprehensive, and accessible.
- individualized and designed to be respectful of the unique cultural characteristics of each individual and/or community
- integrated and offered through a team approach that recognizes the capacity of individuals and families to identify their own strengths, needs, and goals; create relationships with natural supports; and take steps necessary to accomplish these goals.

Office *of* Behavioral Health

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Phone: 412-350-4456
Fax: 412-350-3880
www.alleghenycounty.us/dhs/obh

Human Services Building
One Smithfield Street, Suite 300
Pittsburgh, PA 15222-2221

The Allegheny County Department of Human Services does not discriminate against anyone on the basis of a protected class including: race; color; religion; national origin; ancestry or place of birth; sex; gender identity or expression; sexual orientation; disability; marital status; familial status; age (40 and older); use of guide or support animal because of blindness, deafness, or physical disability.

*DHS funding information is available at **www.alleghenycounty.us/dhs/funding.aspx***
Produced by the DHS Office of Community Relations 7/2019

Office of Behavioral Health

Adult Mental Health Services

ALLEGHENY COUNTY DEPARTMENT OF HUMAN SERVICES

alleghenycounty.us/dhs

Service Coordination

Adults with serious mental illness are often involved with several systems such as employment, physical healthcare, legal or court, Social Security, Medical Assistance, and/or Medicare. Service Coordination helps to ensure that the best interest of each individual, as well as attaining his or her personal goals, are the driving forces behind how the services from these systems are delivered.

Peer Support Services

Community-based providers offer Allegheny County adult residents a consumer-operated system of peer support and advocacy. Whether at drop-in centers, in programs or by phone, support, assistance and socialization are available. The peer-run WARM Line number is 866-661-WARM (9276).

Community Treatment Services

Are available in many locations:

- people's homes,
- workplaces,
- schools,
- other community settings and
- community mental health centers.

Include:

- assessment
- diagnosis
- individual, group, family and play therapies
- medication/prescription management
- collaborative treatment planning
- evaluation

Inpatient & Extended Acute Care

The goal of these services is to prepare individuals to return to and remain in a community setting during their on-going recovery.

- In-patient services help to stabilize symptoms of acutely ill individuals.
- Extended acute care provides round-the-clock intensive psychiatric/behavioral health intervention for up to 180 days and is intended as a step down from an acute hospitalization.

May be known as:

- out-patient
- partial hospital
- mobile therapy
- Community Treatment Teams

resolve 24/7 Crisis Intervention Service

By phone 1-888-796-8226, walk-in or on-location at 333 North Braddock Avenue, Pittsburgh, PA 15208.

resolve provides 24/7 confidential mental health or substance use disorder crisis-intervention services for all Allegheny County residents – children, adolescents, adults, older adults and families. Supports include:

- emergency support
- short-term overnight services
- referrals to professional counselors for ongoing assistance

Involuntary Examination/ Treatment (IRES)

For information and referral for mental health services through the Office of Behavioral Health, contact IRES at 412-350-4457, which is available on a 24/7 basis. If your child may need inpatient evaluation and/or psychiatric treatment, IRES can assist with this process.

Recovery & Rehabilitation Services

Allegheny County residents with mental illnesses can receive services to help them live their lives at optimal levels

- at home through residential and housing support services,
- at work through vocational rehabilitation services, and
- in many areas of their lives through social and psychiatric rehabilitation services.