

Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Caregiver Support AgeWell Pittsburgh	3rd Thursday	1:30 pm to 3:30 pm	5743 Bartlett Street Pittsburgh PA 15217 412-422-7200 or 412-422-0400 Contact Maxine Horn & Stephanie Small mhorn@jfcspgh.org Mostly for caregiving dementia patients
Caregiver Support Allentown Senior Center	call for details	call for details	631 E. Warrington Avenue Pittsburgh, PA 15210 412-481-5484 Call for details
Caregiver Support Plum Senior Center	call for details	Evening	499 Center-New Texas Road Pittsburgh PA 15239 412-795-2330
Caregiver Support Monongahela Valley Hospital	call for details	call for details	Monongahela Valley Hospital 1163 Country Club Road Monongahela, PA 15063 724-258-1000 Call for additional details
Caregiver Support Westmoreland County Area Agency on Aging	2nd or 3rd Wed	1:00 pm to 3:00 pm	200 S Main St. Greensburg PA 15601 724-830-4444/ 1-800-442-800 www.co.westmoreland.pa.us
Caregiver Support Group Three Rivers Family Hospice	1st Tuesday	7:00 pm	Three Rivers Family Hospice 1195 Jacks Run Road North Versailles, PA 15137 1-800-282-0300 socwrk98@msn.com
Forest Hills All Aging and Caregiving Issues SARAH Adult Day Services	Quarterly	call for details	SARAH Adult Day Services 2030 Ardmore Boulevard Pittsburgh, PA 15221 Contact Beverly DiSabato 412-271-3600 sarapgh1@aol.com / www.saracare.com
Mental Health Support Group Milestone	call for details	call for details	712 South Avenue Pittsburgh PA 15221 412-243-3400 www.milestonecentersinc.org Call for details
Mental Health Support Group NAMI McKeesport Area	call for details	call for details	105 Braunlich Drive, Suite 200 McKeesport PA 15133 412-366-3788 info@namiswpa.org www.namiswpa.org Call for additional details
Mental Health Support Group NAMI/Beulah Presbyterian Church	2nd Monday	7:30 pm to 9:00 pm	2500 McCrady Rd, Room 206 Churchill PA 15235 412-421-3656 or 412 271 1339 info@namiswpa.org www.namiswpa.org

Mental Health Support Group Western Psychiatric Institute and Clinic	2nd Monday of the Month	6:00 pm	Western Psychiatric Institute and Clinic 3501 Forbes Ave, 6th Floor Pittsburgh PA 15213 412-624-0481 Free to families
Pittsburgh Alzheimer's Support Group - Alzheimer's Association	1st Tuesday	2:00 pm	565 Coal Valley Road Pittsburgh PA 15236 Contact Tara Morich 412-469-5289 tara.morich@jeffersonregional.com www.jeffersonregional.com
Pittsburgh Alzheimer's Support Group - Southwestern PA	1st Tuesday	2:00 pm to 3:30 pm	Jefferson Regional Medical Center 565 Coal Valley Road, Room 3SW Jefferson Hills PA 15025 Contact Phyllis Grunert 1-800-652-3370 phyllis.gruner@alz.org www.jeffersonregional.com
Stroke Caregiver Support Group Ursuline Senior Services	Weekdays	8:30 am to 4:30 pm	2717 Murray Avenue Pittsburgh, PA 15217 412-224-4700 www.ursulineseniorservices.org Contact Karen Miller Tobin
Caregiver of Veterans Support	call for details	call for details	Contact a caregiver support coordinator 1-855-260-3274 www.caregiver.va.gov Call to talk to a Caregiver Support Coordinator who will be able to connect you to different support groups in addition to other caregiver support services.

Cancer Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Cancer Support Group Cancer Caring Center	call for details	call for details	4117 Liberty Avenue Pittsburgh, PA 15224 412-622-1212 Call for additional details
Cancer Support Group Gilda's Club	2nd Tuesdays	6:30 pm to 8:00 pm	2816 Smallman Street Pittsburgh, PA 15222 412-338-1919 www.gildasclubwesternpa.org
Caregiver Cancer Support American Cancer Society	call for details	call for details	American Cancer Society 888-227-5445 Call for additional details
Caregiver Support Groups/Cancer support group	2nd Tuesdays of the month	7:00 pm to 8:30 pm	Pittsburgh Alzheimer's Support Group Southwestern PA 412-622-1212 Call for additional details

Alzheimer's Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Alzheimer's & Dementia Support Group Presbyterian Senior Care (Oakmont)	4th Tuesdays	3:00 pm to 4:30 pm	1215 Hulton Road Oakmont, PA 15139 412-828-5600 or 412-836-3089 Contact Jennifer Marasco
Alzheimer's & Dementia Caregivers Anathan Club	1st Wednesday	7:00 pm	300 JHF Drive Pittsburgh, PA 15217 412-422-1550 or 412-422-9454 Contact Aviva Gross, LCSW
Alzheimer's and Dementia Caregiver Support Group Mt. Lebanon South Park	last Wednesday	7:00 pm to 8:30 pm	1400 Riggs Rd South Park, PA 15229 412-655-3535 Contact Dawn Loy-Lowmiller
Alzheimer's Association, Greater PA Chapter	call for details	call for details	1100 Liberty Ave, Ste E-201 Pittsburgh, PA 15222 412-261-5040 www.alz.org/pa Call for details.
Alzheimer's Caregiver Support Gateway Hospice	3rd Tuesday	3:00 pm	9380 McKnight Road, Suite 201 Pittsburgh, PA 15237 412-536-2020 Contact Marcy Brown

Alzheimer's Caregiver support group Richard Morgan Redstone Highlands	3rd Wed	7:00 pm to 8:30 pm	12921 Lincoln Way North Versailles, PA 15642 724-864-5811 Call for details
Alzheimer's Caregiver support group Concordia Fox Chapel	Last Thursdays of the month	6:00 pm to 7:00 pm	931 Rt. 910 Cheswick, PA 15024 412-767-5808 or 412-380-2589 Contact Kelly Elena
Alzheimer's Caregiver support group Worthington At Adams	1st and Last Mondays	6:00 pm to 8:00 pm	Worthington At Adams 724-779-5020 Call for additional information and to RSVP
Alzheimer's Caregiver support group Prime Time ADC Center	3rd Wednesday	7:00 pm to 8:30 pm	44 Highland Road, Room 29 Bethel Park, PA 15102 724-444-0600 or 412-835-3940 Contact Julie Petshot & Patricia Donelli Call to RSVP
Alzheimer's Disease and Caregiver's Support Group UPMC McKeesport	2nd Thursday	12:30 pm to 1:30 pm	Family Education Room, D-Level 1500 Fifth Avenue, McKeesport PA 15132 412-664-2183 *Topics include tips on caregiving, stress relief, education and guest speakers. Please call for pre-registration
Alzheimer's Disease and Caregiver's Support Group UPMC St. Margaret Chapel	3rd Monday	7:00 pm to 8:30 pm	815 Freeport Road Pittsburgh, PA 15215 412-784-5054 or 412-784-5050 Contact Yvonne Littlejohn at hiltyml@upmc.edu *Intended for family members and caregivers of all types of dementia. Registration required for first time attendees only.
Alzheimer's Support Arden Courts (Perry Hwy)	2nd Tuesdays	call for details	1125 Perry Highway Pittsburgh, PA 15237 412-369-7887 347mktg@hrc-manorcare.com Contact Katie Berger
Alzheimer's Support Arden Courts (Clairton)	1st Thursdays	6:30 pm	Arden Courts (Clairton) 412-384-0300 Call to RSVP and additional details
Alzheimer's Support Arden Courts (Monroeville)	2nd Tuesday	6:30 pm	120 Wyngate Drive Monroeville, PA 15146 412-380-1300 Contact Nicole Garritano
Alzheimer's Support Asbury Place	call for details	call for details	Asbury Place 412-571-5663 Call for details
Alzheimer's Support Destination Wellness Pittsburgh Mills Mall- Allegheny Valley Hospital	4th Wed of the month	6:00 pm	Pittsburgh Mills Mall Route 28 Tarentum, PA 15084 724-226-7150 or 724-352-4629 Contact Laura Male

Alzheimer's Support Lifestep Adult Day	3rd Tuesdays	3:00 pm to 4:30 pm	383 New Castle Rd – Care Lounge Butler, PA 724-283-1010 Call to RSVP
Alzheimer's Support Outlook Pointe at Saxonburg	3rd Monday	6:00 pm	Outlook Pointe at Saxonburg 724-352-2827 Call for additional information
Alzheimer's Support Group Alzheimer's Outreach Center (Hill House)	Last Tuesday	6:00 pm to 7:30 pm	1835 Center Avenue Pittsburgh, PA 15219 412-692-2722 Contact Marital Garrett
Alzheimer's Support Group Broadmore Assisted Living	1st Thursdays	6:00 pm to 7:30 pm	3275 Washington Pike Bridgeville, PA 15017 412-221-0202 Contact Amy Shonts
Alzheimer's Support Group Calvary Episcopal Church	2nd Saturday	10:00 am to 11:30 am	315 Shady Ave Pittsburgh, PA 15206 412-727-7082 or 412-365-2086 Contact Bob Moore
Alzheimer's Support Group County Meadows	4th Tuesdays	6:00 pm	3560 Washington Pike Bridgeville, PA 15017 412-257-2855 Contact Samantha Foreman
Alzheimer's Support Group Harbor Assisted Living	1st Mondays	6:00 pm	2689 Mosside Blvd. Monroeville, PA 15146 412-380-2589 Contact Toni Mohney or Marcie Mrdjenovich
Alzheimer's Support Group Harbor Assisted Living	3rd Wednesday	6:00 pm	1320 Greentree Road Pittsburgh, PA 15220 412-451-8976 Contact Susan Leise
Alzheimer's Support Group Juniper Village	2nd Wednesday	1:30 pm	107 Fall Run Road Forest Hills, PA 15221 412-244-9901 Contact Bonnie Prisk
Alzheimer's Support Group Marian Manor	2nd Thursday	2:00 pm to 3:30 pm	2695 Winchester Drive Bldg. C-Ground. Board Rm Pittsburgh, PA 15220 412-440-4367 Contact Beth Kuenzi
Alzheimer's Support Group McKeesport Hospital	2nd Thursday	12:30 pm to 1:30 pm	Crawford Building 1500 Fifth Avenue, 5th floor McKeesport, PA 15130 412-664-2098 Contact Tom Luczkow
Alzheimer's Support Group Paramount Senior Living	2nd Thursday	6:00 pm	5785 Baptist Road Bethel Park, PA 15102 412-833-3500 Contact Wendy King

Alzheimer's Support Group Woodside Place	4th Tuesdays	3:00 pm to 4:30 pm	1215 Hulton Road Oakmont, PA 15239 412-826-6500 Contact Jen Marasco at jmarasco@srcare.org www.srcare.org
Alzheimer's Support Group South Hills Assembly	1st Saturdays	10:00 am	2725 Bethel Church Road Bethel Park, PA 15102 412-583-3402 Contact Sarah Keach
Alzheimer's Support Group St. Stephens Henning House	2nd Mondays	10:30 am to 12:00 pm	405 Frederick Ave Sewickley, PA 15143 412-741-1790 Contact Debbie Frannti or Rose Marie Lavelle
Alzheimer's Support Group Sweetbriar Place	3rd Thursday	5:30 pm to 7:00 pm	211 Sweetbriar Place Pittsburgh, PA 15211 412-559-5419 Contact Sandy Gilmore
Alzheimer's Support Group The Pines of Mt. Lebanon	1st Wednesday	6:30 pm	1537 Washington Road Pittsburgh, PA 15228 412-341-4400 Contact Joyce Demain or Susie Medvedev
Alzheimer's Support Group Valley Care Adult Services	4th Wednesday	6:00 pm to 7:30 pm	650 Cherrington Parkway Moon Township, PA 15108 412-749-5257 Contact Heather Sellback
Alzheimer's Support Group Willow Lane	3rd Thursday	6:00 pm to 7:30 pm	30 Heckel Road McKees Rocks PA 15136 412-331-6139 Contact Meagan Scott
Caregiver Alzheimer's Support St. Clair Hospital	1 st Tuesday	6:30 pm to 8:00 pm	1000 Bower Hill Rd Pittsburgh, PA 15243 412-942-4000 Contact Ava Alt

Bereavement Caregiver Support Groups

Support Group/ Facility	Meeting Date	Time	Details
Bereavement Support Group Gateway Hospice	3rd Tuesday	4:30 pm	Gateway Hospice 412-536-2020 Contact Marcy Brown
Bereavement Support Group Forbes Hospice	call for details	call for details	Forbes Hospice 800-381-8080 Call for additional details and support
Bereavement Support Group Good Grief Center	call for details	call for details	2717 Murray Avenue Pittsburgh, PA 15217 412-224-4700 www.goodgriefcenter.com
Bereavement Support Group St. Peter	2nd Thursday	10:00 am	4048 Brownsville Rd Pittsburgh, PA 15227 412-881-4100 Contact Chris Crompton
Bereavement Support Group Family Hospice Bereavement Dept.	1st Thursdays	7:00 pm to 8:30 pm	Baldwin Community United Methodist Church 5001 Baptist Rd., Whitehall, PA 15236 412-572-8829 info@FamilyHospice.com http://www.familyhospicepa.org/ Pre-registration necessary.
Bereavement Support Group Family Hospice Bereavement Dept.	3rd Monday	7:00 pm to 8:30 pm	Family Hospice Inpatient Center – Mt. Lebanon 50 Moffett St Mt. Lebanon, PA 15243 412-572-8829 info@FamilyHospice.com http://www.familyhospicepa.org/
Bereavement Support Group Family Hospice & Palliative Care	24/7	24/7	5001 Baum Boulevard #430 Pittsburgh, PA 15213 800-513-2148 info@FamilyHospice.com/ www.FamilyHospice.com Contact Raphael Scullo
Coping with Grief Support Group	Mondays	6:30 pm to 8:00 pm	Excelsa Health Hospital Greensburg or Latrobe 1-877-771-1234 Call for additional detail