

COUNTY OF



ALLEGHENY

RICH FITZGERALD
COUNTY EXECUTIVE

Proclamation

***WHEREAS,** American Diabetes Month is observed every November as a time to highlight the seriousness of diabetes and the importance of prevention and management of the disease; and*

***WHEREAS,** diabetes is usually a lifelong, chronic disease in which there are high levels of sugar in the blood; the disease is closely related to coronary heart disease, and increased risk of heart attack and cardiovascular disease; approximately 300,000 people in Western Pennsylvania have diabetes; and*

***WHEREAS,** while there is no known cure for Type 1 diabetes, through early detection of Type 2 diabetes, the disease may be reversed through lifestyle changes; treating both types involves medicine, diet, and exercise to control blood sugar levels and prevent symptoms and problems; and*

***WHEREAS,** in recognition of American Diabetes Month, the American Diabetes Association Expo will be held on November 8th at the David L. Lawrence Convention Center; the Expo will include free health screenings, healthy cooking demonstrations, educational workshops, and activities that emphasize healthy eating and physical activity for children through seniors; and*

***WHEREAS,** the American Diabetes Association Expo is the area's largest health event and is the only diabetes expo in Pennsylvania; Allegheny County residents are fortunate to have this resource in their midst and for all that the American Diabetes Association does to educate and advocate for those individuals and families living with diabetes.*

***NOW, THEREFORE, BE IT RESOLVED** that I, Allegheny County Executive Rich Fitzgerald, by virtue of the authority vested in me, do hereby proclaim November 2014 as "American Diabetes Month" in Allegheny County.*

***FURTHERMORE,** I do hereby commend the American Diabetes Association for its work in the community and the support it provide to our residents.*

***IN WITNESS WHEREOF,** I have hereunto set my hand and caused the Seal of the County of Allegheny to be affixed this 8th day of November, 2014.*

Rich Fitzgerald

Rich Fitzgerald