



AREA AGENCY ON AGING

The Allegheny County Department of Human Services (DHS) Area Agency on Aging (AAA) has one purpose: To help Allegheny County residents 60 years of age and older live quality lives. AAA offers a variety of services to choose from; many without regard to income or activity level. For those services with specific eligibility requirements, a professional care manager will help you with the application process.

DHS is

responsible for providing and administering publicly funded human services to Allegheny County residents.

DHS Principles

All services will be: **High quality**—reflecting best practices in case management, counseling, and treatment. **Readily accessible**—in natural, least-restrictive settings, often community-based. **Strengths-based**—focusing on the capabilities of individuals and families, not their deficits. **Culturally competent**—demonstrating respect for individuals, their goals, and preferences. **Individually tailored and empowering**—by building confidence and shared decision-making as routes to independence rather than dependency. **Holistic**—serving the comprehensive needs of families as well as individuals through tangible aid and a full continuum of services—Information Exchange, Prevention, Early Intervention, Case Management, Crisis Intervention and After Care.

Area Agency on Aging

Rich Fitzgerald, *Allegheny County Executive*



Marc Cherna, *DHS Director*

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Telephone: 412-350-5460

Fax: 412-350-4330

Toll-free: 1-800-344-4319

TTY: 412-350-2727

Address: 2100 Wharton Street, Second floor
Pittsburgh, PA 15203

Web site: www.alleghenycounty.us/dhs

*DHS funding acknowledgements found at:
www.alleghenycounty.us/dhs/funding.aspx*

The Allegheny County Department of Human Services provides services to eligible individuals without regard to race, color, sex, gender identity or expression, sexual orientation, age, religion, national origin, political affiliation, disability, familial status, military service, or religious, community or social affiliations.

Produced by the DHS Office of Community Relations (6/13)

Area Agency on Aging (AAA)



*Helping older adults
in Allegheny County
live quality lives*

For more information,
call the SeniorLine at
412-350-5460 or
1-800-344-4319

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**One call to the SeniorLine at 412-350-5460 or 1-800-344-4319 starts the process.
Our TTY line is 412-350-2727.**

Staying connected in the community

- Enjoy a painting class, improve your health through exercise and wellness programs, enrich your life at cultural events or meet friends for lunch.
- Volunteer for organizations in your community.
- Participate in paid job-skills training, leading to employment.*
- Obtain support when you are caring for a loved one.
- Get to your medical and non-medical appointments.
- Locate and apply for other community programs and services.*

** based on eligibility requirements*

Steps to getting the help you need to remain in your home

- Make a call to the professional staff at the AAA SeniorLine at 412-350-5460.
- Talk with a AAA professional about your needs and preferences.

- Connect with a care manager who is knowledgeable about available services.
- Have an in-home interview with a care manager.
- Be an active partner in deciding what services are best for you.
- Work with your care manager to put your plan into action and to make changes to your plan when needed.
- Get the help you need to enjoy the highest possible quality of life.

In-home help

- Delivered hot lunch
- Help with bathing and medications
- A friendly visitor
- Bill paying (check-writing) help
- Adult Day Service opportunities



Ways to smoothly transition out of your home

- Help locating resources and options when choosing a new home.
- Mediation for individuals in long-term care settings.

If you'd like, you can also email AAA at:

SeniorLine@AlleghenyCounty.us

To review the services listed above before or after your call, please link to our web page at:

www.alleghenycounty.us/dhs/olderadults.aspx