

**Pennsylvania's Lifesharing Coalition  
Presents...**

**2016**

# Lifesharing Conference

**DANCING THROUGH LIFE... SHARING LIVES!**



**4<sup>TH</sup> ANNUAL LIFESHARING CONFERENCE**

**Monday, October 17, 2016  
&  
Tuesday, October 18, 2016**

**Blair County Conference Center  
1 Convention Center Dr.  
Altoona, PA 16602  
(814) 943-5392**

*The 2016 Lifesharing Conference is supported by the Department of Human Services, Office of Developmental Programs.*

## For More Information During the Conference

♪ Anna Rankin, Step by Step

(724) 396 - 4924

♪ Becki Levan, KenCrest Services

(610) 883 - 7104

## 2016 Lifesharing Conference; Continuing to Grow

We heard your suggestions from previous conferences. This year, we are happy to announce some great changes and updates to the 2016 PA Lifesharing Conference!

**Excellence in Lifesharing Banquet!**

**Even more training hours available!**

**Refreshments available all day!**

**Five session options each time slot instead of four!**

**DJ Dancing!**

**Photo Booth**

**And so much more...**

**THANK SOMEONE WHO BRINGS MUSIC INTO YOUR LIFE, ADDS PEP TO YOUR STEP AND MAKES YOU WANT TO DANCE THROUGH LIFE...**

**FOR \$10 TAKE A MOMENT TO GIVE A SHOUT OUT FOR SOMEONE YOU ALWAYS WANT TO SAVE A DANCE FOR.**

Shout Outs are to be one sentence long and will be entered during your registration online. These will be copied and pasted to the brochure so please be sure of your wording.



# Pennsylvania's Lifesharing Conference

## *Dancing Through Life... Sharing Lives!*

### Registration Information:

The registration fee is \$130.00 for both days. If you choose to attend only one day, the fee is \$75.00. All registration will be completed through Regfox.com. (Link Below) **You will need to print the tickets and bring them to the conference.** If you have any questions, please contact Becki Levan at [LifeSharing.conference@kencrest.org](mailto:LifeSharing.conference@kencrest.org).

**Space is limited so register early!**

**All registrants will  
receive a T-shirt!**



**All participants must register online:**

**<https://columbus.regfox.com/lifesharing-conference>**

### Cancellations

If you are unable to attend the conference, you must cancel your registration by **October 4, 2016** by contacting Becki Levan ([LifeSharing.conference@kencrest.org](mailto:LifeSharing.conference@kencrest.org)) or your registration fee will not be refunded.

### Accommodations

Any requests for special accommodations please direct to:  
Becki Levan  
([LifeSharing.conference@kencrest.org](mailto:LifeSharing.conference@kencrest.org))

**Lodging:** The Courtyard by Marriott and the Holiday Inn Express & Suites (across the street) have agreed to block out rooms for the guests of the Lifesharing Conference.

**Space is limited so please book early!**

**Courtyard by Marriott**

2 Convention Center Drive

Altoona, PA 16602

814-312-1800

\$116.00 per night

<http://tinyurl.com/reservlink>

**Holiday Inn Express & Suites**

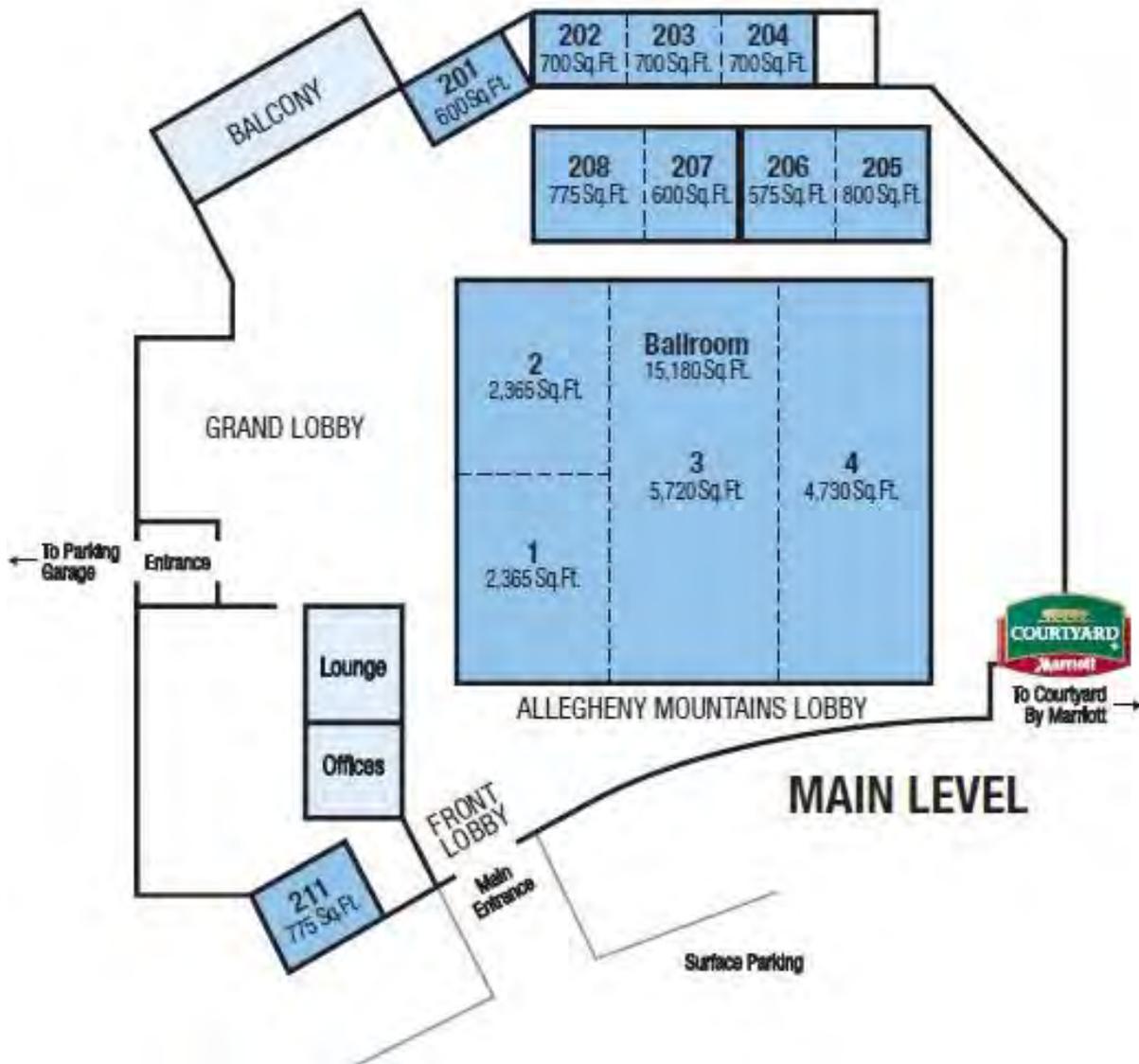
115 Convention Center Drive

Duncansville, PA 16635

814-693-1004

\$114.00 per night

Mention “Lifesharing Conference” to get the group rate



## The Activity Room:

*For people who don't want the "ordinary conference experience"*

For people who want a different conference experience there will be activities in the dedicated Activity Room. This agenda item is noted in the full brochure, but the following will be offered.

Lifesharing agencies will be here to help entertain and engage people in a variety of fun activities, including:

- Dance
- Fire Safety Training
- Meeting New People
- Arts and Crafts
- Quiet Activities
- Scrapbooking

**THIS IS SOMETHING NOT TO BE MISSED!!**

## Activity Room Leaders



### Judith Webb

Judith is the Service Director for Lifesharing for Keystone Services South East. She has worked for Keystone for over 30 years and has spent more than 25 years supporting the

Lifesharing Program. Judith has also been a previous Lifesharer and Respite Provider.



### Mary Rhodes

Mary has worked for Skills of Central Pa for 24 years. For the first 10 years she worked as a direct support person and team leader with Community Homes. For the past 14 years, Mary has worked in the role of Lifesharing

Specialist. She has a Bachelor's Degree in Human Services and will graduate late 2016 with a Master's Degree in Human Services. Mary is a member of the Lifesharing Focus Group, Leadership Group, and an active member of the Lifesharing Coalition. Mary is a strong advocate for people with disabilities and believes there is a place for everyone in Lifesharing if you look hard enough.

## Excellence in Lifesharing Banquet

Monday Night, October 17, 2016 from 5PM—9 PM: Join us to celebrate our award winners followed by an evening of dancing. Doors open at 5 pm. Dinner will be served promptly at 5:30 pm followed by the Proclamation Reading and Awards Ceremony. Music and Dancing and a cash bar will follow.

New this year: Photo Booth!



### Things to do:

Please visit the following website to learn all about the excitement Central PA has to offer! This website will take you through the various activities, entertainment, dining and attractions that will be available to you during the down time from the conference.

<http://blairconventioncenter.com/community/>

# Keynote Speaker Biographies



## ANDREW STEED

Andrew Steed is an Inspirational Speaker, Storyteller and Guide to Sacred Travel. Since 1996 he has been working internationally in the USA, Canada, Jamaica, India, Ireland and the UK. He is the author of three books and several CD's. His latest book 'Powering Up Your Life Stories', (Grosvenor House Books 2014) was birthed through working with thousands of youth in high schools and colleges and adults in corporate and non profit organizations throughout PA, MD, NY, NJ and VA.

Andrew has worked with companies such as Starbucks, Aflac and Sheetz. He has been repeatedly brought into colleges and universities as a guest speaker and as an invited faculty member for Penn State University. He has worked with international students as faculty for Semester at Sea. He has implemented cutting edge team building seminars and keynote addresses for state and national conferences for business, non-profit, health care and youth organizations speaking on topics that include wellness, diversity, stress management, anger management and team dynamics. He is an Artist in Residence for PA and part of the Scottish Storytelling Association. Dr. Mike Fenster, heart surgeon and gourmet chef, recently described Andrew as 'The Spiritual Bruce Lee'.

He has been featured on a host of local and national radio shows including Empower Radio, Radio Suffolk, Weird Radio and radio MD.

He spends his free time taking strolls by the sea, discovering ancient sites albeit a stone circle, a holy well or a sea cave and relaxing in his own back garden in Scotland with his fiancé Joyce. He can be found on Facebook Andrew Steed and [www.andrewsteed.com](http://www.andrewsteed.com). He can be reached at [asteed@andrewsteed.com](mailto:asteed@andrewsteed.com).



# NANCY THALER

Prior to her appointment as the Deputy Secretary in 2015, Ms. Thaler served as the Executive Director of the National Association of State Directors of Developmental Disabilities Services (NASDDDS) keeping leaders in the 50 states and the District of Columbia informed about federal policy and service innovation, representing states' issues to federal agencies, and providing information and technical assistance to state administrators.

Ms. Thaler began her career in 1971 working in Pennsylvania provider agencies developing community services for children and adults with developmental disabilities. Joining Pennsylvania government in 1987, she was appointed the state's Deputy Secretary for Developmental Disability Services from 1993 to 2003. From 2003-2005, Ms. Thaler served as the Director of Quality Improvement for the U.S. Department of Health and Human Services' Center for Medicare and Medicaid Services (CMS) and was responsible for developing federal oversight of state-operated Medicaid Home and Community-Based Services Waiver programs.

Ms. Thaler has a Bachelor of Arts and an honorary Doctor of Humane Letters, Honoria Causa from College Misericordia and a Master of Human Organization Science/Public Administration from Villanova University. Ms. Thaler has been awarded two prestigious awards in 2015, the Administrative Citation Award given by the Centers for Medicare and Medicaid Services (CMS) and the Katie Becket Award given by National Association of States United for Aging and Disabilities (NASUAD).

Ms. Thaler and her husband are the parents of an adult son with developmental disabilities.



## SPEAKER BIOGRAPHIES



### KATHY TRUMBORE

Kathy has worked in several different residential settings in the field of developmental disabilities for the past 25 years. The past 16 years she has been the Lifesharing Director for Access Services and has most recently been appointed the Lifesharing Director of KenCrest Services. Lifesharing is truly where her passion lies. She has been part of the Lifesharing State Coalition, Lifesharing State Coalition Focus group, the Office of Developmental Programs Lifesharing rate setting project team, the former ID/D chair for the MAX Association, and she has been part of PAR's (Pennsylvania Advocacy and Resources) special projects and presented at their conference.

Kathy graduated with her Masters in Social Work in May of 2016, from Temple University. She has a wonderful husband, 2 great children and a rescue dog named Piggy.

### ANGIE YASULITIS

Angie has been in marketing, recruiting and training in healthcare, wellness and insurance industries since 1992. In 2008, she left the corporate world to pursue a career as a consultant and entrepreneur.

Angie is currently the CEO and Managing Partner of The YaZo Group. She has been actively involved with numerous start-ups and expanding companies to develop comprehensive marketing and recruiting strategies over her 25+ year career. Angie is a graduate of Salisbury University in Salisbury, MD, with a degree in business administration, and a concentration in marketing. She is also a graduate of Dale Carnegie and LILI (the Leadership in Life Institute) through the National Association of Insurance and Financial Advisors, and is an avid public speaker and coach.



### ANGELA FORTNEY

Angela Fortney joined ODP in 2003. She has held a variety of positions in the areas of risk management, licensing and program management. Since 2011, Angela has served as the director of ODP's regional offices. Prior to coming to ODP, Angela worked at several provider agencies supporting individuals with intellectual disability and autism. She holds a Bachelor's degree in Psychology and is a graduate of the National Consortium on Developmental Disabilities Institute Leadership Program.

### JENA CAVANAGH

Jena Cavanagh graduated from Villa Maria College, Erie, PA with a BS degree in Therapeutic Recreation in 1984. She worked for a provider Kelsch Associates from 1984 to 1989. Jena has worked for the Chester County Intellectual Disability Department for the past 27 years. She is the county point person for Lifesharing in Chester County. Jena enjoys providing information to individuals, families, and supports coordinators about lifesharing. At work she has many responsibilities around reviewing Home and Community eligibility and annual eligibility, working with the DPW office, transfers, reviewing ISP's, participating in committees, and problem solving. Jena's favorite phrase is "Lifesharing is Wonderful". She visits with Supports Coordinators to pass out candy and ask "Have you thought about Lifesharing today?"



## ALLISON SMALE

Allison Smale is a graduate of Hobart and William Smith Colleges and has worked for KenCrest Services for 16 years supporting youth and adults attain their vocational goals in the community and teaching them to develop self-advocacy and leadership skills. Currently, she is the Director of Employment and Day Programs and is a graduate of the National Leadership Consortium at the University of Delaware. Allison loves to develop new strategies for assisting people to gain employment and full participation in their communities. Allison is the current chairperson for the Berks County Transition Coordinating Council. She lives in Pottstown, PA with her husband Chip, surrounded by friends, pets, good books and great food.



## RITA MANDIK



Rita Mandik is a graduate of Immaculata University. She began working for KenCrest Services in their group homes in 1980, and has worked in community homes and employment services during most of that time. Currently, she is a Coordinator with KenCrest Lifesharing. Rita is the co-chair of the Intellectual and Developmental Disability committee of the regional provider's group, MAX, and helped to organize two Roundtables around Aging and Disability over this past year. In addition to her work at KenCrest, Rita is the Chairperson of Montgomery County's Developmental Disability Committee, and a member of the Montgomery County MH/DD Board. Rita also does some work for her family's business, Wojton's Nursery, has two amazing daughters, and got engaged to her best friend just last month.

## FRANK SCHWEIGERT & DAVE MALONEY



Frank Schweigert and Dave Maloney each bring over 30 years of professional and personal experience supporting people with intellectual disabilities in Pennsylvania. They are Affiliated Trainers for the *National Task Group on Intellectual Disabilities* and Dementia Practices as well as Credentialed Trainers for the *Learning Community for Person Centered Practices*. Dave and Frank are Training Managers for The Columbus Organization; an Office of Developmental Programs Training Partner and the nation's leading provider of on-site professional staffing and consultative services, focusing exclusively on agencies that serve individuals with special needs.



## CHRISTINE MARTIN

Christine Martin is a founder and Chief Operating Officer of Shared Support Inc. She has served in every capacity of the ID system, Direct Support Staff, Executive Director of Arc of Bucks County, Supports Coordination Director, and as a consultant for 5 counties in Pennsylvania and Maryland for Self Determination Pilot Projects and Initiatives. As a consultant she has worked with over 120 families providing person centered planning and the development of individualized integrated supports. As a founder Chris has assisted Shared Support to develop person centered operations from mission and training to service delivery.



## LEAH RENEE LUMEYA

The lens through which I view the people I support is unique to my experiences. I am the mother of eleven children, seven whom I adopted from the foster care system. In addition to my current work in Trauma Informed Care at Skills, I teach graduate classes for Juniata College's Non Profit Leadership program, and I work with my husband for our family-run nonprofit organization where, among other things, I develop trauma informed programs for people of the Democratic Republic of Congo.

## KEVIN GODSHALL

Kevin is a self advocate and has been choosing KenCrest Services for 16 years. Kevin has a passion about training and making a difference in peoples lives. He is a certified Fire Safety trainer and is also developing a training on Individual Constitutional rights. In addition he is certified in CPR and First Aid annually. Kevin had lived independently until he met Wayne and Kristen in January of 2014. After a year of building a wonderful friendship, Kevin was able to fulfill a dream of his. He moved to the mountains with Kristen and Wayne in March of 2015 and is now participating in Lifesharing. He is working full time and has 3 cats, Tippy, Summer, and Simba.



## STEPHANIE BROWN



Stephanie Brown is a Team Leader for KenCrest Lifesharing, where she has been employed for 30 years. She has worked in a number of areas, including River Crest group home and KenCrest day program. Within Lifesharing, she served as Interim Director and Referral Team Leader. She currently provides substitute care, respite, and emergency respite services in her home and is an active member of the PA Lifesharing Coalition leadership group. She has worked the past 24 years in Lifesharing and has seen the difference that it has made in people's lives and remains a passionate advocate for those she serves.

## LIZ DEVETT

Elizabeth DeVett is a founder, President and CEO of Shared Support Inc., an organization founded in 2005 with a commitment to providing integrated and individualized services. Liz is a former teacher and has held multiple positions in the Residential Services Field. Liz has led the growth of Shared Support's individualized supports to include over 120 people in Lifesharing and CLA support, and over 150 families in home and community Habilitation.

## NANCY ROSENAU



Dr. Rosenau is the recently retired founding Executive Director of EveryChild, Inc., a non-profit organization whose mission is to create a system that ensures children with disabilities grow up in families instead of institutions. From 2002-2016, she directed the organization's work on a contract with the Texas Health and Human Services Commission to assist in the development of family-based alternatives for children with developmental disabilities living in institutional settings that has enabled hundreds of children to move from facilities to families. Prior to moving to Texas, she worked for twenty years for the Macomb Oakland Regional Center, a state agency in Michigan serving individuals with developmental disabilities, which was internationally recognized for community-based services. While there she was a leader and contributor to Michigan's well-earned reputation for providing family-based services alternative to facility care, especially for children. She has frequently been invited both nationally and internationally to consult, present, and provide training around family life and family support for individuals with developmental disabilities.

## NANCY RICHEY

Nancy is a Family Policy Specialist for the Office of Developmental Programs, and the lead of the Supporting Families initiative as PA joins the national Community of Practice: Supporting Families throughout the Lifespan. As a parent of a young adult son, she has been a strong advocate for systems and social change for people with disabilities, and a volunteer with numerous disability-related organizations. Nancy is currently in her second term as Chair of the Pennsylvania Developmental Disabilities Council. She is a 2002 graduate of Confidence and Competence: Partners in Policymaking, and a 2004 graduate of Partners in Policymaking: Advanced Leadership Training. Her professional experiences have included human services and advocacy, community organization, training, business-to-business advertising, freelance writing, and professional recruitment. She is a native of Williamsport, an honors graduate of Lycoming College, and lives in Mechanicsburg with her husband, Tom, and their son, Dan. As a family, their favorite leisure pursuits include spending time at their cabin in Sullivan County, and camping in the magnificent state parks of our Keystone State.



## LIZ HEALEY



Liz Healey is Executive Director of the Parent Education & Advocacy Leadership (PEAL) Center founded in 2005. Her oldest daughter has complex health care needs, significant disabilities, and is an assistive technology user. Her journey has honed her skills as a disability advocate. She was awarded the Education Law Center's *Persistent Parents Award to Parents Who Helped Make a Difference* in 2011; was one of the Pittsburgh Post Gazette Top 48 Educators Making a Difference in 2004; she testified before both the U.S. House and Senate on the reauthorization of IDEA in 1997. Liz served on the Governor's

Commission on Children and Families. She served as an elected School Board Director of the Pittsburgh Public Schools from 1991-1999, and was elected President in 1994-1995; and Chaired the State Transition Council from 1996-2000. She is a former education advocate and trainer; and received her degree in Child Development and Family Relations from Cornell University.

## SHEILA THEODOROU

Sheila began her career in a variety of Direct Service Professional positions in NE Pa., working and learning from adults with ID, Dual Diagnosis, folks who had recently left the state centers and adolescent boys. Following that she worked for Horizon Goodwill Industries as the Director of Rehabilitation and assisted with the development and implementation of a very successful Supported Employment Program. For the next 25 years she was employed by Carbon-Monroe-Pike Counties, initially as a Support Coordination Supervisor, then Deputy Developmental Services Administrator and finally as the County MH/DS Administrator. Within the County Administrator role she was responsible for the MH/ID, EI and the Behavioral Health Choices program, serving more than 16,000 people, and oversight of a 70 million dollar a year budget. On a personal level she was a family living provider to her very dear Aunt Mary for five very happy years. Mary was a person diagnosed with Alzheimer's disease.



## Monday, October 17, 2016

8:00 AM - 9:00 AM	<b>*****REGISTRATION*****</b>
9:00 AM - 9:15 AM	<b>WELCOME</b>
9:15 AM - 10:45 AM <u>Keynote</u>	<p style="text-align: center;"><b><u>Waking Up to the Miracle of Life</u></b></p> <p>Many people go through their day on auto pilot. In this exhilarating Keynote participants will discover, remember and reconnect with tools that empower us all to wake up to living life with purpose. This is an opportunity for participants to take an internal shower and expand their own vision beyond their current horizon.</p> <p style="text-align: right;"><b>Presented by: Andrew Steed</b></p>
10:45 AM - 11:00 AM	<b>BREAK</b>
11:00 AM - 11:45 AM	<b>Keynote Speaker Continued</b>
11:45 AM - 1:00 PM	<b>LUNCH</b>
1:00 PM - 2:30 PM	<b>Session 1: Choose 1 of 5 options</b>
Option 1	<p style="text-align: center;"><b><u>Innovative Models of Support.....</u></b> <b><u>Roommates – Works for me! Works for you!</u></b></p> <p>Overview of the various models of lifesharing that are available to people and their families. How is choice of the individual put into action? How does choice become the driving force behind the organization? The team will also discuss individual planning, measurement of person centered outcomes, fiscal considerations, as well as outline the necessary administrative support for individualized programs.</p> <p style="text-align: right;"><b>Presented by: Liz DeVett and Chris Martin</b></p>
Option 2	<p style="text-align: center;"><b><u>Introduction to Lifesharing: The Benefits of Shared Lives and How It Works</u></b></p> <p>A sub-committee of the Pennsylvania Lifesharing Coalition has developed this new training that can be used as an introduction to Lifesharing across many venues. The presentation provides an enhanced understanding of Lifesharing as well as tools to explain Lifesharing to individuals, family members, providers, and other circle of support team members. This training provides the reasons why Lifesharing is the best residential living option and how Lifesharing provides individuals with an Everyday Life.</p> <p style="text-align: right;"><b>Presented by: Jena Cavanaugh</b></p>
Option 3	<p style="text-align: center;"><b><u>Recruit &amp; Promote: Don't Get Stuck</u></b></p> <p>Angie will speak on the continuous changes in corporate and non-profit marketing and recruiting that can often stop organizations from moving forward. She will give you simplistic ways to keep your strategy moving forward to include monthly steps to better use your website, social media, and other new platforms to engage donors and volunteers.</p> <p style="text-align: right;"><b>Presented by: Angie Yasulitis</b></p>

## Monday, October 17, 2016 Continued

Option 4	<p style="text-align: center;"><b><u>2017 Waiver Renewal Proposed Lifesharing Definition</u></b></p> <p>This session will review the new and improved draft Lifesharing Service Definition for the 2017 Consolidated Waiver renewal.</p> <p style="text-align: right;"><b>Presented by: Angela Fortney</b></p>
Activity Room	<p style="text-align: center;"><b><u>Moving to the Beat of Our Own Drum</u></b></p> <p>There is a saying in the Celtic world ‘Sing like no one is listening, dance like no one is watching and live each day as if it were your last.’ This interactive workshop invites participants to find freedom in their life through exploring their voice and their bodies through sound and movement. It is recommended that participants wear loose clothing and comfortable footwear they can move in. This fun and educational experience is for people of all ages and abilities.</p> <p style="text-align: right;"><b>Presented by: Andrew Steed</b></p>
2:30 PM - 2:45 PM	<b>Break</b>
2:45 PM - 4:15 PM	<b><u>Session 2:</u> Choose 1 of 5 options</b>
Option 1	<p style="text-align: center;"><b><u>It’s All About Who You Know: How Transition Age Youth Can Use Social Capital to Build Awesome, Audacious, and Amazing Lives</u></b></p> <p>Building social capital is a dynamic approach to successful transition. Youth in transition who build social capital create opportunities for empowerment, full participation, and community networking, which in turn yields experience, friendships, contacts and employment options. Through interactive discussion and activities for understanding, participants in this session will learn about the theory of social capital and practical ways to build it. Additionally, we will learn together how to make our lives awesome, audacious and amazing.</p> <p style="text-align: right;"><b>Presented by: Allison Smale</b></p>
Option 2	<p style="text-align: center;"><b><u>Resources to Supplement Lifesharing During Life Changes</u></b></p> <p>This session will explore the use of AIS, Supplemental Habilitation, high cost budgets, and home and vehicle modifications to support people through the various stages of their lives that often are accompanied by increased needs and supports. We will also focus on the use of technology to support people in their quests for everyday lives. Come join the conversation and let's learn together!</p> <p style="text-align: right;"><b>Presented by: Kathy Trumbore and Rita Mandik</b></p>

## Monday, October 17, 2016 Continued

<b>Option 3</b>	<p style="text-align: center;"><b><u>Dementia Capable Care</u></b></p> <p>The Commonwealth of Pennsylvania has the second oldest citizenry in the country and caring for people with ID who also experience the effects of Dementia will be an increasing challenge for families and caregivers in the coming decades. The purpose of this session will be to increase awareness of the issues related to dementia and people with intellectual disabilities, introduce nationally recognized tools and strategies that can support Person Centered Thinking and Planning, and promote the best quality of life possible for the individual.</p> <p style="text-align: right;"><b>Presented By: Frank Schweigert and Dave Maloney</b></p>
<b>Option 4</b>	<p style="text-align: center;"><b><u>Awakening the Hero Within</u></b></p> <p>We are all storytellers for we are all living a story. In this workshop we will take a look at some of the key elements that allow us to reclaim being the hero of our own life story. We will explore effective communication, the attitude of gratitude, self esteem and care for self and others. This is an uplifting workshop that will provide participants with some practical tools to awaken the hero within!</p> <p style="text-align: right;"><b>Presented By: Andrew Steed</b></p>
<b>ACTIVITY ROOM</b>	<p><b>Scrapbooking</b></p> <p>Decorate photo pages to take home and add your own photos. Be as creative as you want.</p>

## Tuesday, October 18, 2016

<b>8:30 AM - 9:00 AM</b>	<b>*****REGISTRATION*****</b>
<b>9:00AM - 10:00 AM</b>  <u>Keynote</u>	<u><b>Lifesharing and Supporting Families through the Lifespan</b></u>  <p>As ODP works to build the capacity to support families, Lifesharing will be central to the effort. Lifesharing happens in the context of families and the supports provided to Lifesharing providers are the same supports that all families need. Nancy will discuss plans for expanding supports to families, expanding Lifesharing and how Lifesharing agencies can bring it all together.</p> <p style="text-align: right;"><b>Presented by: Nancy Thaler</b></p>
<b>10:00 AM - 10:15 AM</b>	<b>BREAK</b>
<b>10:15 AM - 11:45 AM</b>	
<b>General Session</b>	<u><b>What about Lifesharing for Children?</b></u>  <p>The presentation will focus on enlisting the Lifesharing community in creating solutions to the problem of hundreds of children with developmental disabilities growing up in facilities in Pennsylvania. Dr. Rosenau will address how the “parent/child dance” is critical to child development with lifelong implications. She will call attention to the risk of developmental harm of facility-rearing of children and suggest how Lifesharing can offer a better alternative. She will share her experience and lessons learned from two other states that invested in life-sharing that contributed dramatically to the reduced use of facilities by children with developmental disabilities. Lessons will include issues of policy, funding, provider development, recruitment of life-sharing families, relationships between life-sharing families and birth families, and the role of "facilitators" in helping children's families consider life-sharing alternatives to facilities.</p> <p style="text-align: right;"><b>Presented by: Nancy Rosenau</b></p>
<b>11:45 AM - 1:00 PM</b>	<b>LUNCH</b>
<b>1:00 PM - 2:30 PM</b>	<b>Session 3: Choose 1 of 5 options</b>
<b>Option 1</b>	<u><b>Trauma Informed Care: Discovering Joy</b></u>  <p>Many of the people served in Lifesharing households have been impacted by traumatic events throughout their lives. Trauma-Informed care begins with creating safety - physiological, psychological and emotional. Only after safety is established can a sense of belonging, friendship, self-esteem, and joy develop.</p> <p>It is up to us to guide those we support on a quest for personal joy.</p> <p style="text-align: right;"><b>Presented by: Leah Renee Lumeya</b></p>

## Tuesday, October 18, 2015 Continued

<b>Option 2</b>	<p><b><u>Dancing Through Licensing</u></b></p> <p>This interactive session will focus on licensing preparation and demystifying the Chapter 6500 regulations. Tips will be provided on preparing for a successful licensing inspection from both a provider and BHSL perspective. The three methods of measuring compliance will be discussed, including records, site, and interviews. Come learn a proactive and collaborative approach to the licensing inspection process.</p> <p style="text-align: right;"><b>Presented by: Stephanie Brown</b></p>
<b>Option 3</b>	<p><b><u>Lifesharing for Children</u></b></p> <p>This session will be a follow-up to the presentation by Dr. Nancy Rosenau regarding lessons learned from other states using the life-sharing model to children. This session's presenters represent the <u>Imagine Different Coalition</u>, a group that came together to advocate for the development of better support for family life as an alternative for children with developmental disabilities who are growing up in facilities. Coalition members will describe how ideas presented by Dr. Rosenau can be used for children in Pennsylvania by the Lifesharing community. Participants will have the opportunity to use workbooks developed to help people "<i>imagine different</i>" by considering how Lifesharing could be used to benefit PA children and families who need it.</p> <p style="text-align: right;"><b>Presented by: Nancy Rosenau and Liz Healey</b></p>
<b>Option 4</b>	<p><b><u>Envisioning a Good Life for All</u></b></p> <p>A vision of a good life, a life full of meaningful experiences and relationships, is something that all of us, regardless of disability, can and should have throughout all stages of life. As the foundation of the national Community of Practice, the LifeCourse Framework is a set of values and easy-to-use tools that guide exploration, conversations and planning for that "good life for all".</p> <p style="text-align: right;"><b>Presented by: Nancy Richey</b></p>
<b>ACTIVITY ROOM</b>	<p><b><u>Fire Safety Training - Learn not to Burn!</u></b></p> <p>Since October is Fire Safety Month, come and learn or come for a refresher on fire safety. Learn how your smoke detector can save your life. Don't want to attend fire Safety? Relax doing crafts or puzzles. If you just need a break visit us we will be open all day.</p> <p style="text-align: right;"><b>Presented by: Kevin Godshall</b></p>
<b>2:30 PM - 3:00 PM</b>	
<b>General Session</b>	<p><b><u>ODP Updates</u></b></p> <p>This presentation will provide updates on current and future ODP priorities, initiatives and programs.</p> <p style="text-align: right;"><b>Presented by: Sheila Theodorou</b></p>
<b>3:00 PM - 3:30 PM</b>	<b><u>Closing Remarks/Raffles</u></b>

Thank you to our \$500 & \$650 level Sponsors for supporting the Annual Lifesharing Conference!



*A Network of Services. A World of Possibilities.*



**THANK YOU TO THE VOLUNTEERS OF THE PENNSYLVANIA COALITION  
CONFERENCE PLANNING COMMITTEE.  
THIS COULDN'T HAVE BEEN DONE WITHOUT YOU!**

Committee Co-Chairs

Anna Rankin and Becki Levan

Committee Members

Sarah Shaw \* Mary Rhodes \* Alison Karnish \* Bobbi Segin \* Debbie Brewer \*  
Judy Webb \* Kelly Elders \* Jen Tomaino \* Margaret Cosgrove \* Harold Hollenback \* Sunday Zarko \*  
Ashley Landis \* Michelle Cogley

**On behalf of the entire committee we would like to extend a sincere Thank You to  
Robin Levine and Carmen Culver from The Columbus Organization for assisting us  
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**A VERY SPECIAL THANK YOU TO OUR VOLUNTEER WEBSITE COORDINATOR**

Cody Kreischer

Thank you for your countless hours updating and keeping our website current and running.  
For more information visit us at

**[www.palifesharing.com](http://www.palifesharing.com)**

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